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You can read the recommendations in the user guide, the technical guide or the installation guide for SHARP R-642. You'll find the answers to all your questions on the SHARP R-642 in the user manual (information, specifications, safety advice, size, accessories, etc.). Detailed instructions for use are in the User's Guide.

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SHARP

Achtung
Advertencia
Importante
Avertissement
Importante
Belangrijk

Viktigt
Viktigt
Viktig
Tärkeää
Important



R-642/R-742

MIKROWELLEGERÄT MIT GRILL - BEDIENUNGSANLEITUNG
HORNO DE MICROONDAS CON GRILL - MANUAL DE INSTRUCCIONES
FORNO MICROONDAS COM GRILL - MANUAL DE OPERAÇÕES
FOUR A MICRO-ONDES AVEC GRIL - MODE D'EMPLOI
FORNO A MICROONDE CON GRILL - MANUALE D'ISTRUZIONI
COMBI-MAGNETRON - GEBRUIKSAANWIJZING
MIKROVÅGSUGN MED GRILL - BRUKSANVISNING
MIKROBØLGEOVN MED GRILL - BRUKSANVISNING
MIKROBØLGEOVN MED GRILL - BRUKSANVISNING
MIKROAALTOUUNIN JA GRILLI - KÄYTTÖOPAS
MICROWAVE OVEN WITH GRILL - OPERATION MANUAL

800 W/900 W (IEC 60705)



DEUTSCH

ESPAÑOL

PORTUGUÊS

FRANÇAIS

ITALIANO

NEDELANDS

SVENSKA

DANSK

NORSK

SUOMI

ENGLISH



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Manual abstract:

For at undgå risiko for skader ADVARSEL: Anvend ikke ovnen, hvis den er skadet eller ikke fungerer riktig. For at undgå risiko for elektrisk stød Yderkappen må under ingen omstendigheter fjernes. For at undgå risiko for eksplosjon eller pludselig kogning: ADVARSEL: Væsker og madvarer må ikke oppvarmes i lukkede beholdere, da der er en risiko for, at beholderne eksploderer. @@@@ ovnen er ikke beregnet til kommersiell anvendelse eller laboratoriebruk. For at sikre problemfri anvendelse og eliminere risiko for skader. □ Hvis du tilbereder mat i lengere end standardtiden ved hjelp av samme tilberedningsprogram 100P, mikrobølgeeffekt-niveaet reduseres for at undgå risiko for overophedning. For at undgå dette problem, når du bruker ovnen for første gang, kan du oppvarme ovnen uten mat i 20 minutter på grill. KØKKENTIMER-FUNKTION: Du kan bruke kjøkkentimeren som minutur, når mikrobølgetilberedning ikke anvendes, for eksempel til at ta tid på kotte æg, der kokes på almindelig komfur, eller til at overvåge hviletiden for tilberedt/optøt mat. Group 2 betyr at utstyret med hensikt generer radiofrekvensenergi i form av elektromagnetisk stråling for varmebehandling av mat.

Class B-utstyr betyr at utstyret egnert seg for bruk i en husholdning.

DIGITALT DISPLAY Tast for TIDNING I HENHOLD TIL VEKT Tast for TIDNING PÅ TID AUTO MENT-taster Popcorn 1 Ovnstast Pizza Frosne grønnsaker 3 2 Drikke 4 Middagstallerken 7 5. 6. 5 8 9 6 10 11 TIDSUR-taster Tast for MIKROBØLGEEFFEKTIVÅ Trykk for å velge mikrobølgeeffekt-nivå. KJØKKENTIDSUR-tast Trykk for å bruke som et minutt-tidsur, eller for å programmere stående tid. Effektnivåer som er for høye, eller tilberedningstider som er for lange kan overopphete maten og føre til brann.

Kjøkkenredskaper må kontrolleres for å påse at de passer for bruk i mikrobølgeovn. For å unngå muligheten for skader ADVARSEL: Ikke bruk ovnen dersom den er skadet eller har en funksjonsfeil. For å unngå muligheten for elektrisk støt Under ingen omstendighet må det ytre kabinettet fjernes. For å unngå fare for eksplosjon eller brå overkoking: ADVARSEL: Væsker og annen mat må ikke varmes opp i lukkede beholdere idet de kan eksplodere. Bruk en beholder med vid åpning for å sørge for at eventuelle bobler slipper ut.

For å koke eller varme opp egg som ikke er gjort om til eggerøre eller eggblandinger, må det stikkes hull på plomme og eggehvite for å hindre at egget eksploderer. For å unngå fare for brannskader Advarsel: Innholdet på tåteflasker og babytattglass må røres og ristes og temperaturen kontrolleres før innholdet serveres barnet for å unngå skolding. Hold barn vekke fra døren for å sørge for at de ikke brenner seg. HØY MIDDELS HØY MIDDELS MIDDELS LAV (TIDNING) LAV x1 x2 x3 x4 x5 x6 X7 x8 x9 X10 x11 100P 90P 80P 70P 60P 50P 40P 30P 20P 10P 0P Generelt sett gjelder følgende anbefalinger: 100P/90P - (HØY) brukes for hurtig tilberedning eller oppvarming, for eks. for gryteretter, varme drikker, grønnsaker, etc. P80/70 - (MIDDELS) brukt for lengre tilberedning av tettere mat, som steker, kjøttpuddinger og mat lagt ut på tallerken, også for mer ømfintlige retter som sukkerbrød. 40P/30P - (MIDDELS LAV) for å tine, velg denne effektinnstillingen for å sikre at retten tines jevnt. For å innstille og for å oppheve barnesikringen, (se side NO-11). Det er to valg for kombinasjonen: KOMBINASJON 1 (Display: C-1) 55% tid for mikrobølgeeffekt, 45% tid for grilling, brukes til fisk eller gratenger.

KOMBINASJON 2 (Display: C-2) 36% tid for mikrobølgeeffekt, 64% tid for grilltilberedning. For å unngå dette problemet når du bruker ovnen for første gang, varm opp ovnen i 20 minutter uten mat. KJØKKENTIDSUR-FUNKSJON: Du kan bruke kjøkkentidsuret for å ta tiden når ikke mikrobølgeovnen brukes, for eksempel til å ta tiden ved koking av egg på en konvensjonell platetopp eller overvåke ståtiden for tilberedt/opptint mat. Trykk START/ +1min tastene eller fortsatt å trykke Ovnstast -tasten for å starte Potet-tasten for å velge ønsket antall tilberedning. Hvis/Når popcornposen ekspanderer og ikke lenger roterer korrekt, trykk STOPP-tasten en gang og åpne ovnen for å justere plasseringen av posen for å sikre jevn tilberedning. Tallerkener for brunng □ □ Porselen og keramikk □ □ □ Glasstøy for eks. Pyrex ® Metall □ □ □ □ Plast/Polystyren, for eksempel beholdere for gatekjøkkenmat Plastfolie Poser for frysing/steking Papirtallerkener/ kopper og kjøkkenpapir Strå- og trebeholdere □ □ □ □ □ □ □ Bør ikke berøre maten og må stikke hull for å slippe ut damp. Bruk bare for oppvarming eller for å absorbere fuktighet. I SPECIFICATIONS Model name: AC Line Voltage Distribution line fuse/circuit breaker AC Power required:

Microwave Output power: Microwave Grill Off Mode (Energy Save Mode) Microwave Frequency Outside Dimensions (W) x (H) x (D)** mm Cavity Dimensions (W) x (H) x (D)*** mm Oven Capacity Turntable Weight Oven lamp R-642 : 230 V, 50 Hz single phase : 10 A : 1270 W : 800 W : 1000 W : less than 1.0 W : 2450 MHz* : 439,5 x 257,8 x 358,5 : 306,0 x 208,2 x 306,6 : 20 litres*** : ø 255 mm : approx. 11,4 kg : 25 W/240 V R-742 : 230 V, 50 Hz single phase : 10 A : 1450 W : 900 W : 1000 W : less than 1.0 W : 2450 MHz* : 513,0 x 306,2 x 429,5 : 330,0 x 208,0 x 369,0 : 25 litres*** : ø 315 mm : approx. 15,1 kg : 25 W/240 V * This Product fulfils the requirement of the European standard EN55011. In conformity with this standard, this product is classified as group 2 class B equipment. Group 2 means that the equipment intentionally generates radio-frequency energy in the form of electromagnetic radiation for the heat treatment of food.

Class B equipment means that the equipment is suitable to be used in domestic establishments. ** The depth does not include the door opening handle. *** Internal capacity is calculated by measuring maximum width, depth and height. Actual capacity for holding food is less. Door handle ACCESSORIES: Check to make sure the following accessories are provided: (15) Turntable (16) Turntable support (17) Coupling (18) Rack • Place the turntable support in the centre of the oven floor so that it can freely rotate around the coupling.

Then place the turntable on to the turntable support so that it locates firmly into the coupling.



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□ To avoid turntable damage, ensure dishes and containers are lifted clear of the turntable rim when removing them from the oven. For use of the rack, refer to the grilling sections on page GB-10. Never touch the grill when it is hot. NOTE: When you order accessories, please mention two items: part name and model name to your dealer or SHARP authorised service agent. Care should be taken when cleaning inside the oven to ensure that it is not damaged. □ After cooking fatty foods without a cover, always clean the cavity and especially the grill heating element thoroughly, these must be dry and free from grease. Built-up grease may overheat and begin to smoke or catch fire. □ Always operate the oven with the turntable and turntable support fitted correctly. this promotes thorough , even cooking.

A badly fitted turntable may rattle, may not rotate properly and could cause damage to the oven. □ All food and containers of food are always placed on the turntable for cooking. • The turntable rotates clockwise or anti-clockwise. The rotary direction may change each time you start the oven. This does not affect cooking performance. WARNING: This symbol means that the surfaces are liable to get hot during use. The door, outer cabinet, oven cavity, accessories and dishes will become very hot during operation. DIGITAL DISPLAY WEIGHT DEFROST key TIME DEFROST key AUTO MENU keys Popcorn 1 Jacket Potato Pizza Frozen Vegetables 3 2 Beverage 4 Dinner Plate 7 5. 6. 5 8 9 6 10 11 TIME keys MICROWAVE POWER LEVEL key: Press to select microwave power level.

KITCHEN TIMER key Press to use as a minute timer, or to programme standing time. The microwave oven should not be left unattended during operation. Power levels that are too high, or cooking times that are too long, may overheat foods resulting in a fire. This oven is designed to be used on a countertop only. It is not designed to be built into a kitchen unit.

Do not place the oven in a cabinet. The electrical outlet must be readily accessible so that the unit can be unplugged easily in an emergency. The AC power supply must be 230V, 50Hz, with a minimum 10A distribution line fuse, or a minimum 10A distribution circuit breaker. A separate circuit serving only this appliance should be provided. Do not place the oven in areas where heat is generated.

For example, close to a conventional oven. Do not install the oven in an area of high humidity or where moisture may collect. Do not store or use the oven outdoors. If smoke is observed, switch off or unplug the oven and keep the door closed in order to stifle any flames. Utensils should be checked to ensure that they are suitable for use in microwave ovens. When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.

Clean the waveguide cover, the oven cavity, the turntable and turntable support after use. These must be dry and free from grease. Builtup grease may overheat and begin to smoke or catch fire. Do not place flammable materials near the oven or ventilation openings.

Do not block the ventilation openings. remove all metallic seals , wire twists , etc. , from food and food packages. arcing on metallic surfaces may cause a fire. Do not use the microwave oven to heat oil for deep frying. The temperature cannot be controlled and the oil may catch fire. To make popcorn, use only special microwave popcorn makers. Do not store food or any other items inside the oven. Check the settings after you start the oven to ensure the oven is operating as desired. @@ see the corresponding hints in operation manual.

@@@E) The power supply cord and plug; ensure that they are not damaged. @@@@When the appliance is operated in the GRILL, MIX GRILL and AUTO MENU operation, children should only use the oven under adult supervision due sture or high humidity are generated, (for example, near or above a conventional oven) or near combustible materials (for example, curtains). do not block or obstruct air vent openings. Do not place objects on top of the oven. gB-7 ENGLISH BEFORE OPERATION Plug in the oven.

@@This model has a clock function and the oven uses less than 1. 0 W in stand by mode. To set the clock, see below. Press the CLOCK SET key 2. Press the time keys and enter the current time.

@@@@This does not affect the cooking process. @@@@If this occurs during cooking, the programme will be erased. The time of day will also be erased. @@@@Press the START key to start the oven. @@@@You can use this level to remove 40P the odour. @@@@ g.

@@@@Close the door and press the START/ +1min key after selecting the desired cooking mode. Once the cooking programme has been set and the START/ +1min key is not pressed in 1 minute, the setting will be cancelled. The START/ +1min key must be pressed to continue cooking if the door is opened during cooking. The audible signal sounds once by efficient press, inefficient press will be no response.

Use the STOP key to: 1. Stop the oven temporarily during cooking. 3. Cancel a programme during cooking, press the STOP key twice. 4. To set and to cancel the child lock (refer to page GB-11). MICROWAVE COOKING Your oven can be programmed for up 99 minutes 50 seconds (99. 50). MANUAL COOKING/ MANUAL DEFROSTING • Enter the cooking time and use microwave power levels 100P to 10P to cook or defrost (refer to page GB-8). □ Stir or turn the food, where possible, 2 - 3 times during cooking.

□ After cooking, cover the food and leave to stand, where recommended. □ After defrosting, cover the food in foil and leave to stand until thoroughly defrosted. Example: To cook 2 minutes and 30 seconds on 70% microwave power. 1. Input the power level by pressing 2.

Enter the cooking time by 3. Press the START/ +1min key to start pressing the 1 MIN key the MICROWAVE POWER LEVEL the timer. Twice and then the 10 S key key 4 times for 70 P.) x4 NOTE: • When the oven starts, the oven lamp will light and the turntable will rotate clockwise or anticlockwise. □ If the door is opened during cooking/defrosting to stir or turn over food, the cooking time on the display stops automatically.

The cooking/ defrosting time starts to count down again when the door is closed and the START key is pressed. □ When cooking/defrosting is complete, open the door or press STOP key and the time of day will reappear on the display, if the clock has been set. □ If you wish to know the power level during cooking, press the MICROWAVE POWER LEVEL key. As long as your finger is touching the MICROWAVE POWER LEVEL key, the power level will be displayed.

IMPORTANT: • Close the door after cooking / defrosting. Please note that the light will remain on when the door is open, this is for safety reason to remind you to close the door. □ If you cook food for more than the standard time (see chart below) using the same cooking mode, the oven's safety mechanisms automatically activate. The microwave power level will be reduced or the grill heating element will turn on and off. Cooking Mode Microwave 100 P Grill cooking Mix grill cooking Standard time 30 minutes Intermittent operation, temperature controlled for R-642 99 mins 50 sec for R-742 99 mins 50 sec GB-9 ENGLISH GRILL COOKING/MIX GRILL COOKING 1.



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GRILL ONLY COOKING The grill at the top of the oven cavity has one power setting only.

The grill is assisted by the turntable which rotates simultaneously to ensure even browning. Use the rack for grilling small items of food such as bacon, gammon and teacakes. @@Example: To grill for 20 minutes, using GRILL key. Enter the required heating time by pressing the 10 MIN key twice. 3. Press the START/ +1min key to start the grilling. (The display will count down through the set grilling time.) G 2. @@MIX means to cook by Microwave power and Grill power alternately. @@@@ use for fish and au gratin.

@@ use for pudding omelets , and poultry. @@@@ 3. Press the START/ +1min key to start the cooking. (The display will count down through the set cooking time. @@□ When browning foods in a deep container, place on the turntable.

@@This is normal and not a sign that the oven is out of order. @@@@WARNING: The door, outer cabinet, oven cavity and accessories will become very hot during operation. SEQUENCE COOKING This function allows you to cook using up to 2 different stages which can include manual cooking time and mode and /or time defrost as well as weight defrost function. Once programmed there is no need to interfere with the cooking operation as the oven will automatically move onto the next stage. The audible signal will sound once after the first stage.

If one stage is defrosting, it should be in the first stage. Note: Auto menu cannot be set as one of the multiple sequences. Example: If you want to defrost the food for 5 minutes, then to cook with 80P microwave power for 7 minutes. The steps are as follows: 1. Press the TIME DEFROST key once, in the LED display will appear dEF2. 2. Enter the cooking time by pressing the 1 MIN key 5 times. 3. Input the power level (80P) by pressing the MICROWAVE POWER LEVEL key 3 times. 4.

Enter the cooking time by pressing the 1 MIN key 7 times. 5. Press the START key once to start cooking. 2. +1min FUNCTION (Auto minute) The +1min key allows you to operate the two following functions: a. Direct start You can directly start cooking on 100 P microwave power level for 1 minute by pressing the +1min key. b. Extend the cooking time You can extend the cooking time during manual cooking, time defrost and auto menu operation for multiples of 1 minute if the +1min key is pressed while the oven is in operation. During the weight defrost, the cooking time cannot be increased by pressing +1min key.

KITCHEN TIMER FUNCTION : You can use the kitchen timer for timing where microwave cooking is not involved for example to time boiled eggs cooked on conventional hob or to monitor the standing time for cooked/defrosted food.

Example: To set the timer for 5 minutes. 1. Press the KITCHEN TIMER key once. 2. Enter the desired time 3.

Press the START/ by pressing the 1 MIN +1min key to start key 5 times. (The display will count down through the set cooking/ defrosting time.) When the timer time arrives, the audible signal will sound 5 times and the LED will display then time of day. You can enter any time up to 99 minutes, 50 seconds. To cancel the KITCHEN TIMER whilst counting down, simply press the STOP key.

NOTE: The KITCHEN TIMER function cannot be used whilst cooking. 4. **CHILD LOCK:** Use to prevent unsupervised operation of the oven by little children.

a. To set the **CHILD LOCK:** Press and hold the STOP key for 3 seconds until a long a beep sound. the display will show: b. To cancel the **CHILD LOCK:** Press and hold the STOP key for 3 seconds until a long beep sound. gB-11 **ENGLISH TIME DEFROST AND WEIGHT DEFROST OPERATION 1. TIME DEFROST** This function quickly defrosts food while enabling you to choose a suitable defrost period, depending on the food type. Follow the example below for details on how to operate this function.

the time range is 0:10 – 99:50. Example: To defrost the food for 10 minutes. 1. Select the menu required by pressing the TIME DEFROST key once. x1 , the display will show: 2. Enter the cooking time by 3. Press the START/ pressing the 10 MIN key once. +1min key to start defrosting. DEF2 Notes for Time Defrost: •After cooking the audible signal will sounds five times and the LED will display then time of day, if the clock has been set. @@□ The preset microwave power level is 30P and can not be changed.

2. **WEIGHT DEFROST** The microwave oven is pre-programmed with a time and power level so that the following food is defrosted easily: Pork, beef and chicken. The weight range for this food is from 100g – 2000g in 100g steps. Follow the example below for details on how to operate these functions. Place the meat in a flan dish or microwave oven defrost rack on the turntable.

Enter the weight by pressing the 3. Press the START/ the WEIGHT DEFROST key once. WEIGHT/PORTION keys until the desired +1min key to start weight is displayed defrosting. X1, (The display will x12, display: 1 2 0 0 count down through the display will show: dEF1 defrosting time) Frozen foods are defrosted from -18°C. NOTES FOR WEIGHT DEFROST: •Before freezing foods, ensure food is fresh and of good quality.

□ Food weight should be rounded up to the nearest 100g, for example, 650g to 700g. □ If necessary, shield small areas of meat or poultry with flat pieces of aluminium foil. This will prevent the areas from becoming warm during defrosting. Ensure the foil does not touch the oven walls. **AUTO MENU OPERATION**

The **AUTO MENU** keys automatically work out the correct cooking mode and cooking of the foods (details on page GB-4 and GB-13). Follow the example below for details on how to operate this function. Example: To cook two jacket potatoes (460g) by using the **AUTO MENU** function. Press WEIGHT/PORTION UP/DOWN the Jacket Potato key once. Keys or continue to press the Jacket Potato key to choose the required x1, number of potatoes (up to 3). the display will show: 3.

Press the START/ +1min key to start cooking. (The display will count down through cooking time) 1 x1, display: 2 NOTES: •The weight or quantity of the food can be input by pressing the WEIGHT/PORTION UP/DOWN keys until the desired weight/quantity is displayed. Enter the weight of the food only. Do not include the weight of the container. □ For food weighing more or less than the weights/quantities given in the **AUTO MENU** chart on page GB-13 cook by manual operation. GB-12 **AUTO MENU CHART** Auto Menu Popcorn WEIGHT/ PORTION / UTENSILS Procedure 50g, 100g Place the popcorn bag directly on the turntable (Please see the note below: 'Important Information About Microwave Popcorn Feature') Please use potatoes with a similar size of approx. 230g. Pierce each potato in several places and place towards the edge of the turntable. Turn over and re-arrange halfway through cooking. Stand for 3 - 5 minutes before serving.

Place the Pizza on a plate in the centre of the turntable. Add 1tbsp of water per 100g of vegetables, cover the dish and place on the turntable. Stir halfway through cooking and after cooking. Place the cup(s) on the turntable and stir after heating.



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