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You can read the recommendations in the user guide, the technical guide or the installation guide for SANYO EM-C8787B. You'll find the answers to all your questions on the SANYO EM-C8787B in the user manual (information, specifications, safety advice, size, accessories, etc.). Detailed instructions for use are in the User's Guide.

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SANYO

INSTRUCTION MANUAL
Microwave Oven

EM-C8787B



Read these instructions carefully before use.
If you follow these instructions,
your Microwave Oven will serve you long and well.



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Manual abstract:

If you follow these instructions, your Microwave Oven will serve you long and well. TABLE OF CONTENTS PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY Specifications Safety IMPORTANT SAFETY INSTRUCTIONS Warning To reduce the risk of injury to persons Grounding installation Danger Warning Cleaning Caution Utensils Materials you can use in microwave oven Materials to be avoided in microwave oven SETTING UP YOUR OVEN Names of Oven Parts and Accessories Turntable installation Worktop installation Installation OPERATION Control Panel and Features Operation instructions MAINTENANCE Troubleshooting 23 9 10 2 3 4 5 5 5 5 6 6 6 7 7 8 8 8 1 PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY (a) Do not attempt to operate this oven with the door open since this can result in harmful exposure to microwave energy. It is important not to break or tamper with the safety interlocks. (b) Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces. (c) Do not operate the oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the: (1) DOOR (bent) (2) HINGES AND LATCHES (broken or loosened) (3) DOOR SEALS AND SEALING SURFACE (d) The oven should not be adjusted or repaired by anyone except properly qualified service personnel. ADDENDUM If the apparatus is not maintained in a good state of cleanliness, its surface could be degraded and affect the lifespan of the apparatus and lead to a dangerous situation. Specifications Model : Power Source : Power Consumption : Output Microwave : Input Grill : Input Convection : Outside Dimensions (WxDxH) : Oven Capacity : EM-C8787B/W 230-240V 50Hz 2100W 1000W 2450MHz 1100W 1000W 519 X 444 X 315mm 32L 31.5cm 18.5kg Turntable Diameter : Net Weight : 2 SAFETY 1.

The oven must be on a leveled surface. 2. The turntable and turntable roller rest must be in the oven during cooking. Place the cookware gently on the turntable and handle it carefully to avoid possible breakage. 3. Incorrect use of browning dish may cause the turntable to break. 4. Use only the specified bag size when using Direct Access Popcorn. 5. The oven has several built-in safety switches to ensure that the power remains off when the door is open. Do not tamper with these switches. 6. Do not operate the microwave oven empty. Operating the oven with no food or food that is extremely low in moisture can cause fire, charring or sparking. 7. Do not cook bacon directly on the turntable. Excessive local heating of the turntable may cause the turntable to break. 8. Do not heat baby bottles or baby food in the microwave oven. Uneven heating may occur and could cause physical injury. 9. Do not heat narrow-necked containers, such as syrup bottles. 10. Do not attempt to deep-fry in your microwave oven. 11. Do not attempt home canning in this microwave oven, as it is impossible to be sure all contents of the jar have reached boiling temperature. 12. Do not use this microwave oven for commercial purpose. This microwave oven is made for household use only. 13. @@@@14. @@15. @@16. Failure to maintain the oven in a clean condition could lead to deterioration that could adversely affect the life of the appliance and possibly result in a hazardous situation. 17.

Please be advised that this microwave oven is not to be installed in or used within an enclosed cabinet. 3 IMPORTANT SAFETY INSTRUCTIONS WARNING To reduce the risk of fire, electric shock, injury to persons or exposure to excessive microwave oven energy when using your appliance, follow basic precautions, including the following: 11. Use this appliance only for its intended 1. Read all instructions before using the uses as described in this manual. Do not use corrosive chemicals or vapors 2. Read and follow the specific: "PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY" on page 2. food. It is not designed for industrial or 3. As with most cooking appliances, close laboratory use. supervision is necessary to reduce the risk 12. Do not operate this oven if it has a fire in the oven cavity. damaged cord or plug, if it is not working properly or if it has been If materials inside the oven ignite: damaged or dropped. 1.

Keep the oven door closed. 13. This appliance should be serviced only 2. Turn the oven off, and unplug the by qualified service technicians. appliance. Contact the nearest authorized service 3. Disconnect the power cord, shut off facility for examination, repair or power at the fuse or circuit breaker panel. adjustment. 4. Do not overcook food. Carefully attend 14. Do not cover or block any vents on the the appliance when paper, plastic, or oven. other combustible materials are placed 15. Do not store or use this appliance inside the oven to facilitate cooking. outdoors. 5. Do not use the oven cavity for storage 16. Do not use this oven near water, for purposes. Do not store combustible example, near a kitchen sink, in a wet items such as bread, cookies, paper basement, near a swimming pool, or products, etc. inside the oven. similar locations. 6. Remove wire twist-ties and metal 17. Do not immerse cord or plug in water handles from paper or plastic 18. Keep cord away from heated surfaces. containers/bags before placing them in 19. Do not let cord hang over edge of the oven. table or counter . 7. This oven must be grounded.

Connect 20. When cleaning door and oven only to properly grounded outlet. See surfaces use only mild, nonabrasive "GROUNDING INSTRUCTIONS" on soaps or detergents applied with a . page 5. sponge or soft cloth. 8. Install or locate this oven only in 21. This appliance is not intended for use by accordance with the installation young children or infirm persons unless instructions provided. they have been adequately supervised by a 9. Some products such as whole eggs, responsible person to ensure that they can water with oil or fat, sealed to explode use the appliance safely. and therefore should not be heated in Young children should be supervised to this oven. ensure that they do not play with the 10. As with any appliance, close appliance. supervision is necessary when used by children. 4 22. Liquids, such as water, coffee, or tea are able to be overheated beyond the boiling point without appearing to be boiling. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN THE CONTAINER IS DISTURBED OR A SPOON OR OTHER UTENSIL IS INSERTED INTO THE LIQUID. i) Do not overheat the LIQUID. ii) Stir the liquid both before and halfway through heating it. iii) Do not use straight-sided containers with narrow necks. iv) After heating, allow the container to stand in the microwave oven for a short time before removing the container. v) Use extreme care when inserting a spoon or other utensil into the container.



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To Reduce the Risk of Injury to Persons Grounding Instructions DANGER Electric Shock Hazard Touching some of the internal components can cause serious personal injury or death. Do not disassemble this appliance. This appliance must be grounded. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electric current. This appliance is equipped with a cord having a grounding wire with a grounding plug. The plug must be plugged into an outlet that is properly installed and grounded. Consult a qualified electrician or serviceman if the grounding instructions are not completely understood or if doubt exists as to whether the appliance is properly grounded.

If it is necessary to use an extension cord, use only a 3-wire extension cord. 1. A short power-supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord. 2. If a long cord set or extension cord is used: 1)The marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance. 2)The extension cord must be a grounding type 3-wire cord. 3)The long cord should be arranged so that it will not drape over the counter top or tabletop where it can be pulled on by children or tripped over unintentionally. 5 WARNING Electric Shock Hazard Improper use of the grounding can result in electric shock. Do not plug into an outlet until appliance is properly installed and grounded. CLEANING Be sure to disconnect the oven from the power supply.

1. Clean the inside of the oven after using with a slightly damp cloth. 2. Clean the accessories in the usual way in soapy water. 3.

The door frame and seal and neighboring parts must be cleaned carefully with a damp cloth when they are dirty. CAUTION Personal Injury Hazard UTENSILS Tightly-closed utensils could explode. Closed containers should be opened and plastic pouches should be pierced before cooking. See the instructions on "Materials you can use in microwave oven or to be avoided in microwave oven." There may be certain non-metallic utensils that are not safe to use for microwaving.

If in doubt, you can test the utensil in question following the procedure below. Utensil Test: 1. Fill a microwave-safe container with 1 cup of cold water (250ml) along with the utensil in question. 2. Cook on maximum power for 1 minute. 3. Carefully feel the utensil. If the empty utensil is warm, do not use it for microwave cooking. 4. Do not exceed 1 minute cooking time.

Materials you can use in microwave oven Utensils Remarks Aluminum foil Shielding only. Small smooth pieces can be used to cover thin parts of meat or poultry to prevent overcooking. Arcing can occur if foil is too close to oven walls. The foil should be at least 1 inch (2.5cm) away from oven walls. Follow manufacturer's instructions. The bottom of browning dish must be at least 3/16 inch (5mm) above the turntable. Incorrect usage may cause the turntable to break. Microwave-safe only. Follow manufacturer's instructions.

Do not use cracked or chipped dishes. Always remove lid. Use only to heat food until just warm. Most glass jars are not heat resistant and may break. Heat-resistant oven glassware only.

Make sure there is no metallic trim. Do not use cracked or chipped dishes. Follow manufacturer's instructions. Do not close with metal tie. Make slits to allow steam to escape.

Use for shortterm cooking/warming only. Do not leave oven unattended while cooking. Use to cover food for reheating and absorbing fat. Use with supervision for a short-term cooking only. Use as a cover to prevent splattering or a wrap for steaming. Microwave-safe only. Follow the manufacturer's instructions. Should be labeled "Microwave Safe". Some plastic containers soften, as the food inside gets hot. @@@Microwave-safe only.

Use to cover food during cooking to retain moisture. Do not allow plastic wrap to touch food. Microwave-safe only (meat and candy thermometers). Use as a cover to prevent splattering and retain moisture. @@@Transfer food into microwave-safe dish. May cause arcing. Transfer food into microwave-safe dish.

Metal shields the food from microwave energy. Metal trim may cause arcing. May cause arcing and could cause a fire in the oven.

May cause a fire in the oven. @@@@Your oven comes with the following accessories. Glass tray 1 Turntable r1) Press the "MICRO POWER " key once, 1000W is selected. @@@3) Press "START " to confirm the power. 4)Turn " " to adjust the cooking time.

@@@@@@@2) Turn " " to adjust the cooking time. @@@@You can just leave it continue cooking. @@@@@@@3) Press "START " to confirm. 4)Turn " " to adjust the cooking time. @@@And the convection temperature is 200 degrees.

@@@@@@@Microwave is not used. @@@1) Press the "CONV.TEMP " key once, "240" flash. @@@Note:the temperature can be chosen from 150 degrees to 240 degrees. 3) Press the " START " to confirm the temperature. 4) Press the " START " to start preheating. @@@And the preheated temperature is displayed and flash. 5) Put the food into the oven and close the door. Turn " " to adjust the cooking time. (The maximum setting time is 95 minutes.

) 6) Press the " START " key to start cooking. Note: a. Cooking time cannot be input until the preheating temperature arrives. If the temperature arrives, door must be once opened to input the cooking time. b. If the time not input in 5 minutes, the oven will stop preheating. The buzzer sound five times and turn back to waiting states. 7. Convection Cooking(Without pre-heating function) 1) Press the "CONV.TEMP " key once, "240" flash.

@@@Note:the temperature can be chosen from 150 degrees to 240 degrees. 3) Press the " START " to confirm the temperature 4) Turn " " to adjust the cooking time. (The maximum setting time is 95 minutes.) 5) Press the " START " key to start cooking. 12 8.

Multi-Stage Cooking Three stages can be maximumly set. If one stages is defrosting, it should be put in the first stage. The buzzer will ring once after each stage and the next stage will begin. Note: Auto menu and preheating cannot be set as one of the multi-stage. Example: if you want to defrost the meat for 100 grams, then to cook with 800W microwave power for 7 minutes.

The steps are as following. 1) Press "AUTO DEFROST " once, the screen will display "dEF1". 2) Turn " " to adjust the defrost weight of 100g. 3) Press "MICRO POWER" once. 4) Turn " " to choose 800W microwave power. 5) Press "START" to confirm. 6) Turn " " to adjust the cooking time of 7 minutes. 7) Press "START" to start cooking. 9. Pre-set Function 1) Set the clock first.

(Refer to the instruction of clock setting.) 2) Input the cooking program. Three stages can be set at most. Defrosting should not be set in preset function.



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Auto menu can be set single stage only. Example: if you want to cook with 800W microwave power for 7 minutes. a. Press "MICRO POWER" once; b. Turn " " d. Turn " " to choose 800W microwave power; " to adjust the cooking time of 7 minutes; c. Press "START" to confirm; After the above steps, please do not press "START". Then do as following: 3) Press "DELAY START", current time displays and the hour figures flash. 4) Turn " " to adjust the hour figures, the input time should be within 0--23(24-hour) or 1--12(12-hour). 5) Press "DELAY START", the minute figures will flash. 6) Turn " " to adjust the minute figures, the input time should be within 0--59. 7) Press "START" to finish setting. ":" will light, buzzer will ring twice when the time arrives, then cooking will start automatically. Note: clock must be set first. Otherwise, pre-set function will not work. 13 Auto menu Chart Menu Unit 1 piece (about 225g) Display 1 2 3 4 1 2 3 4 800 1200 1600 2000 100 300 400 500 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 Time 14'00" 18'00" 22'00" 26'00" 16'00" 20'00" 24'00" 28'00" 16'00" 24'00" 38'00" 48'00" 14'00" 21'00" 24'00" 27'00" 50'00" 55'00" 40'00" 20'00" 6'00" 8'00" 9'00" 10'00" 14'00" 16'00" 18'00" 20'00" 15'00" 18'00" 21'00" 4'30" 60'00" 40'00" 100% microwave power convection at 180 degrees convection at 200 degrees Power A1 2 pieces(about 450g) Baked Potato 3 pieces (about 675g) 4 pieces (about 900g) A2 Chicken Pieces 1 piece (about 225g) 2 pieces(about 450g) 3 pieces (about 675g) 4 pieces (about 900g) 800 g A3 Roast Beef 1200 g 1600 g 2000 g 100 g A4 Frozen Pizza 300 g 400 g 500 g 1 (Chicken casserole) 2 (Beef casserole) 3 (Curry casserole) 4 (Minced casserole) 1 portion A6 Snacks 100%/C-4 C-4 C-4 C-4 A5 Casserole 100%/50% 2 portions 3 portions 4 portions 1 piece(250g) C-1(500W microwave power, convection at 200 degrees) A7 Baked Fish 2 pieces(450g) 3 pieces(650g) 1 portion (chops 200g or steak 300g) 2 portions (chops 400g or steak 600g) 3 portions (chops 600g or steak 900g) 1 (Sponge cake) (about 383g) 2 (Fruit cake) (about 750g) 3 (chocolate brownies) (about 670g) C-4 4 pieces(900g) A8 Chops/ Steaks A9 Cake/ Pudding C-4 14 15 16 17 18 19 10. Auto Menu 1) In waiting state, turn " " right to choose the function wanted, and "A1", "A2", "A3".... "A9" will be displayed. 2) Press "START" to confirm the menu you need. 3) Turn " " to choose the weight of menu, and "g" indicator will light. 4) Press "START" to start cooking. Please read the auto menu chart above. 11.

Auto Reheat Function 1) Press the "AUTO REHEAT" key once, and "150" display. 2) Press "AUTO REHEAT" for times or turn " " to select the food weight. "150g", "250g", "350g", "450g" or "600g" can be chosen. 3) Press "START" to start cooking. Reheat Chart Menu Weight(g) 150 Auto Reheat 250 350 450 600 Time Display 150 250 350 450 600 1'20" 2'00" 3'00" 4'00" 5'30" 12. Defrost Function 1) Press Press Press Press "AUTO DEFROST" pad once to defrost meat, the oven will display "dEF1". twice to defrost poultry, the oven will display "dEF2". three times to defrost fish, the oven will display "dEF3". four times to defrost bread, the oven will display "dEF4". 2) Turn " " to select the weight of food.

At the same time, "g" will lights, The weight should be 100-2000g. 3) Press "START" key to start defrosting. Note: if half of the cooking time passes, the buzzer will sound twice to tell you to turn the food over. 20 Defrost meat & poultry Table (dEF1 & dEF2) Weight Time Weight Time 100 3'10" 1100 200 4'40" 1200 300 6'10" 1300 400 7'40" 1400 500 600 700 800 900 1000 9'10" 10'40" 12'10" 13'40" 15'10" 16'40" 1500 1600 1700 1800 1900 2000 31'40" 18'10" 19'40" 21'10" 22'40" 24'10" 24'40" 27'10" 28'40" 30'10" Defrost Fish Table (dEF3) Weight Time Weight Time 100 2'40" 1100 12'40" 200 3'40" 1200 300 4'40" 1300 400 5'40" 1400 500 6'40" 1500 600 7'40" 1600 700 8'40" 1700 800 900 1000 9'40" 10'40" 11'40" 1800 1900 2000 13'40" 14'40" 15'40" 16'40" 17'40" 18'40" 19'40" 20'40" 21'40" Defrost Bread (dEF4) Weight Time Weight Time 100 48" 1100 8'48" 200 1'36" 1200 9'36" 300 2'24" 1300 400 3'12" 1400 500 4'00" 1500 600 4'48" 1600 700 5'36" 1700 800 6'24" 1800 900 7'12" 1900 1000 8'00" 2000 10'24" 11'12" 12'00" 12'48" 13'36" 14'24" 15'12" 16'00" 13.

Speedy Cooking 1) In waiting state, press "QUICK START" key to cook with 100% power level for 30 seconds.

Each press on the same key can increase 30 seconds. The maximum cooking time is 95 minutes. 2) In waiting state, turn " " left to choose cooking time directly then press "START" key to cook with 100% microwave power. This program can be set as one of multi-stage. 14.

Inquiring Function (1) In cooking state, press "MICRO POWER", " CONV. @@@@@" It will be displayed for 2-3 seconds. (4) Under defrost function, current time cannot be check. 21 15. Lock-out Function for Children Lock: In waiting state, press "STOP/CLEAR" for 3 seconds, there will be a long "beep" denoting entering into the children-lock state and " " indicator will light. Current time or 0:00 will display. Unlock: In locked state, press "STOP/CLEAR" for 3 seconds, there will be a long "beep" denoting that the lock is released, and " " indicator will disappear. 16. Specification (1) The buzzer will sound once when turning the knob at the beginning; (2) "START" must be pressed to continue cooking if the door is opened during cooking; (3) Once the cooking programme has been set, "START" is not pressed in 5 minutes.



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The current time will be displayed. The setting will be cancelled. (4) The buzzer sounds once by efficient press, inefficient press will be no response. (5) The buzzer will sound five times to remind you when cooking is finished. 22 Trouble shooting It is forbidden to run the unit without any food inside. It is very dangerous. 23.



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