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User manual

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Manual abstract:

It is different from current home hair removal methods because it significantly reduces hair regrowth. Philips has been investigating this method together with leading dermatologists for over 10 years. You can now use this innovative technology comfortably in the privacy of your own home, whenever and wherever you want. This appliance has been specifically designed and optimised for use by women, but can be used by men as well. Philips Lumea Precision Plus enables treatment of unwanted hair on the whole body, including the face (upper lip, chin and sideburns), using two tailored attachments. Philips Lumea Precision Plus is designed for use by one person only. For more information about Philips Lumea Precision Plus and movies about how to use Lumea, see www.philips.com/lumea. Check our homepage regularly for updates.

Benefits This appliance provides the following benefits: Intense Pulsed Light (IPL) technology for home use Philips Lumea Precision Plus uses a light-based technology called 'Intense Pulsed Light' (IPL). IPL is also used in the professional beauty market for hair removal and has been in use for the last fifteen years. Philips Lumea Precision Plus now brings you this innovative technology for safe and effective use in the comfort of your home. Effective hair regrowth prevention for everyday smoothness This method provides you with long-lasting hair regrowth prevention and silky-smooth skin. Our studies have shown a significant hair reduction already after two treatments.

Optimal results were generally achieved after four to five treatments. A reduction in hair density is visible from treatment to treatment. How fast the effect becomes visible and how long the results last varies from person to person. For more information, see section 'How to achieve optimal results' in chapter 'Using the appliance'. 8 English Gentle treatment, even on sensitive body areas Philips Lumea Precision Plus has been developed in close cooperation with leading dermatologists and has been tested by over 2000 women for an effective and gentle treatment, even on the most sensitive body areas and the face. Cordless operation for maximum freedom and flexibility Because the appliance runs on rechargeable batteries, it is portable and can be used anywhere. Long-lasting battery for complete body and face treatment A fully charged battery provides a complete body and face treatment (upper lip, underarms, bikini line and lower legs) in one go, without recharging breaks. * *Based on the average treatment times for each area and the recommended intensities for one user. No replacement parts needed, no hidden costs Philips Lumea Precision Plus is equipped with a high-performance lamp which does not require replacement. This lamp can generate over 140,000 flashes and should enable you to continuously maintain results for more than 5 years* while saving money on expensive replacement lamps. *Based on the average treatment times for each area and the recommended intensities for one user. How Philips' Intense Pulsed Light technology works Hair growth Hair growth rates differ from person to person, depending on age, metabolism and other factors. However, everyone's hair normally grows in 3 phases. 1 Growing phase (anagen phase) The hair grows actively from the root. In this phase the concentration of melanin is highest.

Melanin is responsible for the pigmentation of the hair. Melanin concentration is also the determining factor for the efficacy of this method. Only hairs in the growing phase are susceptible to treatment with light. 2 Degradation phase (catagen phase) Hair growth stops and the root shrinks before the hair sheds. 3 Resting phase (telogen phase) The old hair separates from its hair follicle and sheds. The follicle remains at rest until the biological clock tells it to become active again and grow a new hair. Working principle -- The appliance works by heating up the hair and root beneath the skin. The melanin in the hair and hair root absorbs the released light pulses. The darker the colour of the hair, the more light can be absorbed. This process stimulates the hair to go into the resting phase.

-- In between treatments, hair sheds naturally and regrowth is inhibited. Hairs can take one or two weeks to shed. English -Optimal hair removal cannot be obtained with a single session, since only hairs in the growing phase are susceptible to treatment with light. During a treatment, hairs on the treated area are usually in different stages of the hair growth cycle. To effectively treat all hairs you have to repeat the treatment every two weeks for a few times.

An integrated optical filter ensures that no UV light reaches the skin and guarantees that the appliance is safe for the skin. 9 General description (Fig. 5) 1 Light exit window with integrated UV filter 2 Attachments A. 2 Precision attachment (suitable for all body areas, including upper lip, P chin and sideburns) B. Body attachment (suitable for all body areas below the neck) 3 Metallic frame inside the attachment 4 Safety system (safety ring with contact switches) 5 Flash button 6 Intensity lights (1- 5) 7 % Intensity increase button 8 ^ Intensity decrease button 9 Charging light and battery low indication 10 On/off button 11 Appliance socket 12 'Ready to flash' light 13 Air vents 14 Adapter 15 Small plug Also included: case (SC2006/00) or pouch (SC2006/11) and cleaning cloth.

Important Read this user manual carefully before you use the appliance and save it for future reference. Danger -- Water and electricity are a dangerous combination. Do not use this appliance in wet surroundings (e.g. near a filled bath, a running shower or a filled swimming pool). -- Keep the appliance and the adapter dry. -- If the appliance is broken, do not touch any inner part to avoid electric shock. -- Never insert any objects into the appliance. 10 English Warning -- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. -- Children should be supervised to ensure that they do not play with the appliance.

-- The appliance is not intended for children under the age of 15 years. Teenagers aged between 15 and 18 years can use the appliance with the consent and/or assistance of their parents or the persons who have parental authority over them. Adults from 19 years and older can use the appliance freely. -- Only charge the appliance with the adapter supplied. -- Do not use the appliance or the adapter if it is damaged. -- The adapter contains a transformer. Do not cut off the adapter to replace it with another plug, as this causes a hazardous situation. -- If the adapter is damaged, always have it replaced with one of the original type in order to avoid a hazard. -- Do not use the appliance if the UV filter of the light exit window is broken.



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-- Do not use the precision attachment if its reddish glass is broken.

To prevent damage -- Make sure nothing obstructs the air flow through the ventilation slots. -- Never subject the appliance to heavy shocks and do not shake or drop it. -- If you take the appliance from a very cold environment to a very warm environment or vice versa, wait approximately 3 hours before you use it.

-- Store the appliance in the case or pouch so that it does not become dusty (SC2006/11, SC2006/00). -- Never leave the appliance unattended when it is switched on.

Always switch off the appliance after use. -- Do not expose the appliance to direct sunlight or UV light for several hours. -- Do not flash against any other surface than the skin. This can cause severe damage to the attachments and/or the light exit window. Only flash when the appliance is in contact with skin. Caution -- Never use the appliance around the eyes and near the eyebrows to avoid the risk of eye damage. -- Use this appliance only at settings suitable for your skin type. Use at higher settings than those recommended can increase the risk of skin reactions and side effects. -- This appliance is only intended for removing unwanted body hair from areas below the cheek bones with the two attachments supplied. Do not use it for any other purpose. Keep the following things in mind to avoid compromising the lifetime of your Philips Lumea Precision Plus: -- Do not expose the appliance to temperatures lower than 15°C or higher than 35°C during use. -- The appliance is equipped with a built-in overheat protection. If the appliance overheats, it does not flash. Do not switch off the appliance, but let it cool down for approx. 15 minutes before you continue with your treatment.

English 11 -- Always return the appliance to a service centre authorised by Philips for examination or repair. Repair by unqualified people could cause an extremely hazardous situation for the user. -- Never use the appliance in any of the cases mentioned in the section 'Contraindications'. For whom is Philips Lumea Precision Plus NOT suitable? Philips Lumea Precision Plus is not designed for everyone. If any of the following is true for you, then this appliance is not suitable for you to use! Contraindications Never use the appliance if you are pregnant or breast feeding. Never use the appliance if you have an unsuitable skin and/or hair colour, i.e.: -- If your natural hair colour in the treatment areas is light blond, white, grey or red. -- If you are of skin type VI (you rarely or never get sunburnt and you tan very darkly; your skin colour is brownish black or darker). In this case you run a high risk of developing skin reactions, such as discolourations, strong redness or burns, when you use Philips Lumea Precision Plus.

See also chapter 'Using the appliance', section 'Possible side effects and skin reactions'. Never use the appliance if you suffer from any of the diseases listed below, i.e.: -- If you have a skin disease such as active skin cancer, you have a history of skin cancer or any other localised cancer in the areas to be treated. -- es at light intensity 5.

Fully charge the appliance every 3 to 4 months, even if you do not use the appliance for a longer time. Charge the appliance in the following way: 1 Switch off the appliance. 2 Insert the small plug into the appliance and put the adapter in the wall socket. , The charging light flashes green to indicate that the appliance is charging. , When the batteries are fully charged, the charging light lights up green continuously.

Notes: -- The adapter and the appliance feel warm during charging. This is normal. -- You cannot use the appliance during charging. -- This appliance is equipped with battery-overheat protection and does not charge if the room temperature exceeds 40°C. Never cover the appliance and adapter during charging. 3 After charging, remove the adapter from the wall socket and pull the small plug out of the appliance. 14 English Preparing for use For optimal results and greatest effect, prepare the areas on which you intend to use the appliance in the manner described below. Preparing treatment areas 1 Shave the areas you intend to treat as long as you still experience hair regrowth. Note: If your last depilation method involved removing hairs by the roots (e.g epilating, waxing etc.

), wait until you notice significant hair regrowth before you use Philips Lumea Precision Plus. Do not use depilatory creams instead of shaving. Please note that treatment on unshaved or improperly shaved areas has a number of undesired effects: -- The light exit window and attachment may become contaminated with stray hairs and dirt. A contaminated light exit window and attachment can reduce the life and efficacy of the appliance. In addition, burns or black spots that appear on the light exit window and attachments due to contamination can cause the treatment to become painful or cause skin reactions like redness and discolouration. -- Hairs on your skin can burn, which can result in an unpleasant smell. 2 Clean your skin and make sure it is hair-free, entirely dry and free from oily substances (e.g. present in cosmetic products like deodorants, lotions, perfumes, tanning creams and sunscreens). 3 Check the appliance, especially the light exit window and attachment, for trapped hair, dust and fibres.

If you see any contamination, clean the appliance according to the instructions in chapter 'Cleaning and maintenance'. Notes: -- If shaving causes wounds or lesions, your skin may be more sensitive and the light treatment may sometimes feel uncomfortable. -- Once the hairs stop growing back, which usually happens after 4-5 treatments, you no longer have to shave before you use the appliance. Setting the light intensity Philips Lumea Precision Plus is an appliance developed for consumer use at home and therefore not comparable with professional light-based appliances with respect to pain sensation. The pulses of light delivered by Philips Lumea Precision Plus are gentler than those from professional appliances and therefore you can expect a convenient and effective treatment.

You have to adjust the light intensity to your skin and body hair colour and to a level you find comfortable. The recommended light intensities table below helps you to establish the right light intensity 1 Consult the table below to determine which light intensities are most suitable for your skin and body hair colour and to check if this method is suitable for you (if it is not, this is indicated with x in the table). English 15 2 Each body area and possibly even parts of a body area may require a separate appropriate light intensity according to the recommended light intensities table below. The method is more effective at higher intensities, but you should reduce the light intensity if you experience any pain or discomfort. Note: The required light intensity for different body areas may vary due to different skin colours.



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For example, the skin of the lower legs can be darker than the skin of the underarms due to more sun exposure. Persons with darker skin run a higher risk of skin irritation because their skin absorbs more light. Therefore lower intensities are recommended for persons with darker skin. The light pulse can feel warm or hot on the skin but should never be painful. To prevent skin reactions, see chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

Recommended light intensities (1-5) In the table below, 'x' means that the appliance is not suitable for you. Skin colour and characteristics: White (always sunburn, no tanning) Beige (easy sunburn, minimal tanning) Light brown (sometimes sunburn, good tanning) Mid brown (rarely sunburn, fast and good tanning) 3/4 Dark brown (rarely sunburn, very good tanning) Brownish black and darker (rarely to never sunburn, very dark tanning) Body hair colour: dark blond/light 4/5 brown/brown/ dark brown/black white/grey/red/ light blond x 4/5 4/5 1/2/3 x x x x x Important To check whether Philips Lumea Precision Plus is suitable for you, see section 'For whom is Philips Lumea Precision Plus not suitable?'. If your skin has been exposed to natural sunlight or an artificial tanning method, it may be darker than during the previous treatment. Check the table above to determine which settings are suitable for your skin colour. Tanning advice Sun exposure before treatment -- If your skin is tanned, perform a skin test (see chapter 'Using the appliance', section 'First use') on the area to be treated to determine the appropriate light intensity.

A failure to do so causes a risk of developing skin reactions after treatment with Philips Lumea Precision Plus. -- Wait at least 48 hours after sunbathing before you use the appliance. Sunbathing can cause skin to darken (tan) and/or can cause sunburn (reddening of the skin). 16 English -- After these 48 hours, check the skin for any remaining sunburn. Do not use Philips Lumea Precision Plus as long as sunburn persists. -- When the sunburn has disappeared, perform a skin test (see chapter 'Using the appliance', section 'First use') on the area to be treated to determine the appropriate light intensity. Sun exposure after treatment -- Wait at least 24 hours after treatment before you expose treated areas to the sun. Even after 24 hours, make sure that the treated skin does not show any redness from the treatment anymore before you expose it to the sun. -- Cover treated areas when you go out into the sun or use a sunblock (SPF 30+) in the two weeks after treatment. -- Exposing treated areas to sunlight without protection immediately after treatment can increase the risk of adverse side effects and skin reactions.

See chapter 'Using the appliance', section 'Possible side effects and skin reactions'. Tanning with artificial light -- Follow the instructions in 'Sun exposure before treatment' and 'Sun exposure after treatment' above. Tanning with creams -- If you have used an artificial tanning lotion, wait until the artificial tan has fully disappeared before you use Philips Lumea Precision Plus. Note: For more details on unwanted skin reactions, see chapter 'Using the appliance', section 'Possible side effects and skin reactions'. Using the appliance Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to determine which light intensities are most suitable for your skin and body hair colour.

Use the appliance in a well-lit room; this reduces the perceived brightness of the flash. Shave the area you intend to treat before you use the appliance (see chapter 'Preparing for use', section 'Preparing treatment areas'). If the treatment becomes intolerably painful at any point in time, reduce the light intensity setting until the treatment is comfortable again. If you notice skin reactions stronger than slight redness, stop the treatment immediately and read section 'Possible side effects and skin reactions' in this chapter. Choosing the right attachment -- Body attachment The body attachment can be used to treat unwanted body hair on all body areas below the neck (for exceptions, see chapter 'Important', section 'Contraindications').

The body attachment can cover an area of 4cm² and has been specially designed for faster treatment of larger areas like legs. Do not use the body attachment on the face. English 17 -- Precision attachment The precision attachment includes an additional integrated light filter and can be used for extra-safe treatment of unwanted facial hair on the upper lip, chin and sideburns. It may also be used on other sensitive areas of the body, such as the underarms and bikini area or hard-to-reach areas. Never use around the eyes and near the eyebrows. First use and skin test 1 Choose the attachment appropriate for the area you intend to treat. 2 Choose an area close to the area you intend to treat. Note: Before you use the appliance on the upper lip, chin or sideburns, choose a mole- and hair-free area below your ear to perform the skin test. 3 Press the on/off button to switch on the appliance. ., The appliance always starts automatically at the lowest setting.

4 Apply one flash at the lowest recommended intensity for your skin type (for instructions on how to release a flash, see steps 6 to 9 of section 'Subsequent use in this chapter). 5 As long as it feels comfortable (not painful), increase the setting by one level within the recommended range for your skin type and apply one flash for each setting. Do not apply more than one flash on the same spot. 6 After the skin test, wait for 24 hours and check your skin for any reaction. If your skin shows reactions, choose the highest setting that did not result in any skin reaction for subsequent use. When you use the appliance for the first time, we advise you to perform a skin test on the area to be treated to check your skin's reaction to the treatment and to get accustomed to light-based treatment. 18 English Subsequent use 1 Before every treatment, clean the attachments, the light exit window and the metallic frame inside the attachments of Philips Lumea Precision Plus. For more information see chapter 'Cleaning and maintenance'. 2 Choose the attachment appropriate for the area you intend to treat. 3 Press the on/off button to switch on the appliance.

Note: It is normal that the appliance and the attachment become warm during use. 4 Start each treatment by selecting the light intensity very carefully, based on your skin's sensitivity and on how comfortable treatment feels. Your skin may react differently on different days/occasions for a number of reasons and especially after tanning.



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See section 'Possible side effects and skin reactions' in this chapter for more information. 5 Press the % button to increase the intensity. To lower the intensity, press the ^button. , Every time you press the button, the corresponding intensity light starts to flash. This takes a few seconds. 6 Place the appliance at a 90° angle on the skin so that the attachment and the safety ring are in contact with the skin. 7 Press the safety ring fully onto the skin with slight pressure.

Note: The safety ring has contact switches that together are the safety system of the appliance. This safety ring prevents unintentional flashing without skin contact. English 19 , The 'ready to flash' light on the back of the appliance lights up green when all contact switches of the safety ring are in contact with the skin and the device is charged. This may take a few seconds. Tip: For easier use, stretch the area of skin you want to treat. On areas with softer skin, you may need to exert more pressure on the appliance to push in all contact switches. 8 Press the flash button to release a flash. Now you have 2 options to release the next flash: A Keep the flash button pressed. The appliance releases one flash after another as long as the safety ring is in full contact with the skin. Immediately after the appliance has flashed, slide the appliance to the next area.

Make sure the safety ring is fully pressed onto the skin. This 'Slide & Flash mode' is especially convenient for treatment of larger areas like the legs. B Let go of the flash button after each flash. For the next flash, place the appliance on the area right next to the previously flashed area. Make sure the safety ring is fully pressed onto the skin. This 'Step & Flash mode' guarantees a precise treatment of e.g. the upper lip, knees or ankles. Note: After a few seconds, the appliance is ready to flash again, so make sure that you move it to the next area immediately after it has flashed. Do not treat exactly the same area multiple times during one session.

This does not improve the effectiveness of the treatment, but increases the risk of skin reactions. Note: The visible light produced by the appliance is the reflection of the flash on the skin and is harmless to your eyes. It is not necessary to wear goggles during use. 9 To avoid untreated areas, always make sure there is a slight overlap with the previously treated area when you place the appliance on the skin. The effective light only comes out of the light exit window.

Make sure the flashes are produced close to each other. 10 Switch off the appliance after you have finished the treatment. 11 Check the light exit window and the attachment for hairs and dirt and clean the appliance after use (see chapter 'Cleaning and maintenance'). 20 English Guidelines for treatment Average treatment time Area Underarms Bikini line Entire bikini area One lower leg One full leg Upper lip/ chin/ sideburns Approx. treatment time 1 minute per underarm 1 minute per side 4 minutes 8 minutes 14 minutes 1 minute Recommended attachment Body/Precision attachment Body/Precision attachment Body/Precision attachment Body attachment Body attachment Precision attachment Note: The average treatment times above have been observed during research and tests.

Individual treatment times may vary from person to person. Note: Fully charged batteries offer at least 370 flashes at intensity 5. How long you can use the appliance depends on the size of the area to be treated and the intensity setting used. Intended treatment areas The appliance is intended to treat unwanted hairs from the upper lip, chin, sideburns, underarms, arms, stomach, bikini area and legs. Using the appliance on the legs Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your legs. -- You can move the appliance up and down or across the leg, whichever is more convenient to you. Note: Bony areas like shinbone and ankles are more sensitive than other areas of the body. When you press the attachment hard onto these areas, the skin can be more susceptible to skin reactions, such as skin irritation and redness. See section 'Possible side effects and skin reactions' in this chapter. Press the attachment onto the skin just hard enough to make the 'ready to flash' light go on, but not harder.

Tip: The appliance may leave imprints on the skin in the treated areas. These imprints may show you where you can make the treated areas overlap. A fully charged battery provides a complete body and face treatment (upper lip, underarms, bikini line and lower legs) in one go. * If you use the appliance to treat both your lower and upper legs, you may have to recharge the appliance during the treatment. This is normal. How long you can use the appliance depends on the size of the treatment area and the intensity setting used. *Based on the average treatment times for each area and the recommended intensities for one user. English 21 Tip: Many users combine leg treatments with other activities around the house such as watching TV or listening to music. You can also try this to make the experience more enjoyable and relaxing. Tip: White eye pencil To help you remember what part of your skin you have already treated, you can mark sections on your leg with a white eye pencil.

1 Take a white eye pencil and draw a line on your leg. Start at any point of your leg and draw a straight line. 2 Draw additional lines at a distance of 3cm from the first line if you use the appliance horizontally or at a distance of 1cm if you use the appliance vertically. Perform the treatment section by section. If you need to take a break during a session, just mark the last treated area with the same eye pencil and resume the treatment later.

Note: Only use a white eye pencil. Dark colours absorb the light and may cause skin irritation. Using the appliance in the bikini area Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your bikini area. In principle, Philips Lumea Precision Plus is safe and gentle enough for treatment of the entire bikini area (e.g. for 'Brazilian' or 'Hollywood' style). Use a lower setting on darker pigmented, more sensitive skin in the bikini area. Do not use the appliance on inner labia, vagina and anus. Men who wish to treat their pubic area must not use the appliance on the scrotum. Note: For hygienic reasons, always clean the attachment used before you start treating another body area. Using the appliance on the underarms Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your underarms.



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Make sure you remove any deodorant, perfume, cream or other skin care product from your underarms before treatment. 22 English Tip: To achieve optimal results on your underarms, stand in front of a mirror to get a good view of the area to be treated and the 'ready to flash' light. Raise your arm and place your hand in your neck to stretch the skin in the underarm area. In this way the safety ring can be pressed more easily onto the skin, which makes the treatment easier to perform.

Note: The reflected light does not harm your eyes. If the scattered light is unpleasant, close your eyes when you release a flash. Using the appliance on the face (upper lip, chin, sideburns) Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your face (upper lip, chin, sideburns). Always use only the precision attachment to treat the upper lip, chin and sideburns. Never use the appliance around the eyes or near the eyebrows. When you treat your upper lip, chin or sideburns, make sure you do not expose your face to direct sunlight in the 24 hours following the treatment. Apply a sunblock (SPF 30+) after the treatment for the next two weeks when you expose your face to direct sunlight. Tip: To achieve optimal results on your upper lip, chin and sideburns stand in front of a mirror to get a good view of the area to be treated and the 'ready to flash' light. Tip: Apply a thick layer of white eyeliner to your lip and lip margin. This white line ensures the energy of the flash is reflected and does not touch your lip if you flash the lip unintentionally.

Tip: Because of the contours of the jaws, it may be difficult to bring the safety ring into full contact with the skin and to release a flash. Put your tongue between your teeth and upper lip or puff up your cheeks to make this easier. Tip: The reflected light does not harm your eyes. If the scattered light is unpleasant, close your eyes when you release a flash. How to achieve optimal results -- It is normal that hairs are still visible after the first few treatments (see chapter 'Introduction', section 'Working principle' for more information).

-- To remove all hairs successfully and prevent the hair follicle from becoming active again, the treatments have to be repeated once every two weeks for the first two months. Your skin should be smooth by then. Please read section 'Maintenance phase' to find out how you can keep these results. Maintenance phase

-- To ensure that your skin stays smooth, we advise you to repeat the treatment every 4 to 8 weeks. The time between treatments may vary based on your individual hair regrowth and also across different body areas.

If too many hairs grow back between treatments, simply shorten the treatment interval again, but do not treat any area more often than once every two weeks.

When you use the appliance more frequently than recommended, you do not increase the effectiveness but you do increase the risk of skin reactions. English

23 Possible side effects and skin reactions Common skin reactions: -- Your skin may show slight redness and/or may prickle, tingle or feel warm. This reaction is absolutely harmless and disappears quickly. -- A skin reaction similar to sunburn may occur on the treated area for a short while. If this does not disappear within 3 days, we advise you to consult a doctor. -- Dry skin and itching may occur because of the combination of shaving and light treatment. This is harmless and disappears within a few days. You can cool the area with an ice pack or a wet facecloth. If dryness persists, you can apply a non-scented moisturiser on the treated area 24 hours after the treatment.

Rare side effects: -- Burns, excessive redness and swelling: these reactions occur very rarely. They are the result of using a light intensity that is too high for your skin colour. If these reactions do not disappear within 3 days, we advise you to consult a doctor. Wait with the next treatment until the skin has healed completely and make sure you use a lower light intensity. -- Skin discolouration: this occurs very rarely. Skin discolouration manifests itself as either a darker patch (hyperpigmentation) or a lighter patch (hypopigmentation) than the surrounding area. This is the result of using a light intensity that is too high for your skin colour. If the discolouration does not disappear within 2 weeks, we advise you to consult a doctor. Do not treat discoloured areas until the discolouration has disappeared and your skin has regained its normal skin colour. -- Skin infection and inflammation: This occurs very rarely and may be caused by using the appliance on wounds or cuts that resulted from shaving, on already existing wounds or on ingrown hairs.

-- Excessive pain: this can occur during or after treatment if you have used the appliance on unshaved skin, if you use the appliance at a light intensity that is too high for your skin colour, if you flash the same area more than once and if you use the appliance on open wounds, inflammations, infections, tattoos, burns, etc. See chapter 'Important', section 'Contraindications' for more information. After use -- Do not apply any perfumed cosmetics to the areas treated immediately after treatment. -- Do not use deodorant immediately after treating the underarms. Wait until any skin redness has disappeared completely.

-- See chapter 'Preparing for use', section 'Tanning advice' for information about sun exposure and artificial tanning. 24 English Cleaning and maintenance To ensure optimal results and a long life for the appliance, clean the appliance before and after each use and, if necessary, also during the treatment. The appliance loses its effectiveness if you do not clean it properly. Never clean the appliance or any of its parts under the tap or in the dishwasher. Never use scouring pads, abrasive cleaning agents or aggressive liquids such as petrol or acetone to clean the appliance.

Never scratch the light exit window or the metallic frame inside the attachments. Note: Make sure that the contact switches of the safety ring do not get congested with dirt. Note: Stop using the appliance when it is no longer possible to clean the light exit window or the attachments. For replacement, see chapter 'Ordering accessories'. 1 Switch off the appliance, unplug it and let it cool down. Note: The light exit window becomes hot during use. Make sure it has cooled down before you clean it. 2 To remove the attachment, put your fingers in the recesses at the top and bottom and pull gently. The attachment should come off easily. 3 Moisten the soft cloth supplied with the appliance with a few drops of water and use it to clean the following parts: -- the light exit window -- the outside surface of the attachments -- the metallic frame inside the attachments -- the reddish filter glass inside the precision attachment Note: If water does not clean effectively, use a few drops of high-percentage alcohol to clean the parts mentioned above.



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Note: A contaminated light exit window and/or attachment can look like this picture. Make sure you clean the appliance before and after each use and, if necessary, also during the treatment according to the instructions in this section. Tip: If it is no longer possible to clean the edges of the attachments with the enclosed cleaning cloth, use a cotton bud instead. Make sure that no fluff or fibres stay behind on the attachments or on the light exit window. 4 If necessary, clean the outside of the appliance with the dry soft cleaning cloth supplied with the appliance. English Storage 1 Switch off the appliance, unplug it and let it cool down. 2 Clean the appliance before you store it. 25 3 Put the appliance in the case or pouch supplied (SC2006/11, SC2006/00). Make sure the precision attachment is on the appliance. 4 Store the appliance in a dry place at a temperature between 0°C and 60°C.

Environment -- Do not throw away the appliance with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment. -- The built-in rechargeable batteries contain substances that may pollute the environment. Always remove the batteries before you discard and hand in the appliance at an official collection point. Dispose of the batteries at an official collection point for batteries.

If you have trouble removing the batteries, you can also take the appliance to a Philips service centre. The staff of this centre will remove the batteries for you and will dispose of them in an environmentally safe way. Removing the rechargeable batteries Only remove the rechargeable batteries if they are completely empty. 1 Disconnect the appliance from the adapter. 2 Let the appliance operate until the batteries are completely empty.

Switch on the appliance and release flashes until you can no longer switch on the appliance. 3 Insert an awl or another pointed tool into the bottom cap of the appliance and pry off the bottom cap. 26 English 4 Undo the two screws in the bottom of the handle with a screwdriver. 5 Remove the bottom part of the handle and cut the two wires that connect the bottom part to the appliance. 6 Pull the battery connectors off the battery terminals with long nose pliers. 7 Pull the rechargeable batteries out of the appliance with long nose pliers. 8 Cut the two wires one at a time to ensure that no mishaps due to possible residual charge occur. English Guarantee and support If you need information or support, please visit www.philips.com/support or read the separate worldwide guarantee leaflet.

Technical specifications Model SC2006 Rated voltage Rated frequency Rated input Protection against electric shock Protection rating Operating conditions Storage conditions Spectrum of body attachment Spectrum of precision attachment Lithium-ion battery Troubleshooting 100V-240V 50Hz-60Hz 7.5W Class II Q IP 30 (EN 60529) Temperature: +15° to +35°C Relative humidity: 25% to 95% Temperature: 0° to +60°C Relative humidity: 5% to 95% >570nm >600nm 2 x 3.7 Volt 1500 mAh 27 This chapter summarises the most common problems you could encounter with the appliance. If you are unable to solve the problem with the information below, visit www.philips.com/support for a list of frequently asked questions or contact the Consumer Care Centre in your country. 28 English Possible cause The rechargeable batteries are empty. The appliance is defective. Solution Charge the appliance (see chapter 'Charging'). Problem The appliance does not work.

Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. Charge the appliance (see chapter 'Charging'). The appliance suddenly switches off. The adapter becomes warm during charging. The charging light does not go on when I put the small plug in the appliance socket.

The rechargeable batteries are empty. This is normal. You have not put the adapter in the wall socket. The wall socket is not live. No action required. Insert the small plug into the appliance socket and put the adapter in the wall socket. Connect another appliance to the wall socket to check if the wall socket is live. If the socket is live but the appliance still does not charge, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. Make sure the adapter is inserted properly into the wall socket and/or the small plug is inserted properly into the appliance socket. The adapter is not inserted properly into the wall socket and/or the small plug is not inserted properly into the appliance socket. The appliance is defective. I have switched on the appliance but I cannot increase or decrease the light intensity. The 'ready to flash' light does not go on when I place the appliance on the skin. The appliance has to be reset. Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

To reset the appliance, switch off the appliance and then switch it on again. If you still cannot adjust the light intensity, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. Place the appliance at a 90° angle onto the skin in such a way that all contact switches touch the skin. Then check if the 'ready to flash' light is on and press the flash button. If this does not work, place the appliance on a part of your body where it is easy to establish full skin contact, for example on your lower arm. Then check if the 'ready to flash' light works. If the 'ready to flash' light still does not go on when you place the appliance on the skin, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. You have not put the attachment with safety ring properly on the skin. English Problem Possible cause The safety ring is dirty. Solution 29 Clean the safety ring carefully.

If you are unable to clean the safety ring properly, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre to replace the attachment. When the overheat protection has been activated, the fan still works. Do not switch off the appliance and let it cool down for approx. 15 minutes before you continue to use it. If the 'ready to flash' light still does not go on when you place the appliance on the skin, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

To reset the appliance, switch off the appliance and switch it on again. If the 'ready to flash' light is green but the appliance still does not produce a flash when you press the flash button, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. No action required. To reset the appliance, switch it off and on again.



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If the appliance still does not show light intensity 1, contact your Customer Care Centre, your Philips dealer or a Philips Service Centre. Clean the attachment carefully. If you are unable to clean the attachment properly, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre to replace the attachment. If there are hairs on the area to be treated, these hairs may get burnt when you use the appliance. As a result, you notice a strange smell. Shave the area to be treated properly before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting. The 'ready to flash' light does not go on when I place an attachment on my skin, but the cooling fan works. The overheat protection has been activated. The 'ready to flash' light is green but the appliance does not produce a flash when I press the flash button.

The appliance becomes warm during use. The appliance does not show light intensity 1 when I switch it on. The appliance produces a strange smell. This is normal. The appliance needs to be reset. The attachment and/or the filter glass is dirty. You have not shaved the area to be treated properly. You stored the appliance in a dusty environment. The strange smell disappears after a few flashes. Possible cause The skin feels more sensitive than usual during treatment. Solution

The light intensity Check if you have selected the right light intensity. If you use is too high, necessary, select a lower light intensity. You did not shave the areas to be treated. The UV filter of the light exit window is broken.

The appliance is defective. Shave the areas to be treated before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting. If the UV filter of the light exit window is broken, do not use the appliance anymore. Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. Shave the areas to be treated before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting. You must not use the appliance on your inner labia, vagina, anus, nipples, areolas, lips, inside the nostrils and ears, in the region of your eyes and eyebrows. Men must not use it on their face or scrotum. Reduce the light intensity to a level that is comfortable for you. See chapter 'Preparing for use', section 'Setting the light intensity'. If the light exit window or reddish filter glass of the precision attachment is broken, do not use the appliance with this attachment any more. Go to your dealer or a Philips service centre or contact the Consumer Care Centre to have the attachment replaced. Do not use the appliance if you have a very dark skin.

Do not use it either if your body hair is light blond, red, grey or white. No action required. I experience an unacceptable pain sensation when I use the appliance. You did not shave the areas to be treated You treated an area for which the appliance is not intended. You have used a light intensity which is too high for you. The light exit window or reddish filter glass of the attachment is broken. The appliance is not suitable for your skin colour. The treated areas become red after the treatment. The skin reaction after the treatment lasts longer than usual. Slight redness is harmless and normal and disappears quickly. You have used a light intensity which is too high for you. Select a lower light intensity the next time. See chapter 'Preparing for use', section 'Setting the light intensity'. If the skin reaction lasts longer than 3 days, contact your doctor. Problem The hair-removal results are not satisfactory. Possible cause You have used a light intensity which is too low for you. You did not make enough overlaps when you used the appliance. You do not use the appliance as often as recommended. Solution Select a higher light intensity the next time. For proper hair-removal results, you have to make overlaps when you use the appliance.

See chapter 'Using the appliance', section 'Subsequent use', step 9. To remove all hairs successfully and to prevent the hair root from becoming active again, the treatments have to be repeated once every two weeks for the first two months. To ensure that your skin stays smooth, we advise you to repeat the treatment every four to six weeks. The time between treatments may vary based on your individual hair regrowth and also across different body areas. If too many hairs grow back between treatments, simply shorten the treatment interval again, but do not treat any area more often than once every two weeks. When you use the appliance more frequently than recommended, you do not increase the effectiveness but you do increase the risk of skin reactions. Do not use the appliance if your body hair is light blond, red, grey or white. Do not use the appliance either if you have very dark skin. For proper hair-removal results, you have to make overlaps when you use the appliance. See chapter 'Using the appliance', section 'Subsequent use', step 9.

The appliance is not suitable for your hair or skin colour. Hair starts to grow again in some spots on the treated areas. You did not make enough overlaps when you used the appliance. Hair starts to grow This is normal. It is part of the natural cycle of hair growth that hair starts growing again. The hairs that again as part of the natural cycle of come back, however, tend to be softer and thinner. hair growth. Table des matières Introduction 33 Avantages 33 Technologie dite de « lumière intense pulsée » ou IPL pour une utilisation à domicile 33 Prévention efficace de la repousse des poils pour une douceur incomparable, jour après jour 33 Une application tout en douceur, même sur les zones sensibles du corps 34 Fonctionnement sans fil pour une liberté et une flexibilité maximales 34 Batterie longue durée pour un flashage corps et visage complet 34 Aucune pièce de rechange nécessaire, aucun coût caché 34 Quel est le principe de fonctionnement de la technologie de lumière intense pulsée de Philips ? 34 Cycle de vie du poil 34 Principes de fonctionnement de l'appareil 35 Description générale 35 Important 36 Danger 36 Avertissement 36 Pour éviter tout dommage : 36 Attention 37 Pour assurer une durée de vie optimale à votre appareil Philips Lumea Precision Plus, tenez compte des considérations suivantes : 37 Quelles sont les personnes auxquelles Philips Lumea Precision Plus NE convient PAS ? 37 Contre-indications 37 N'utilisez jamais l'appareil si vous êtes enceinte ou si vous allaitez.



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37 N'utilisez jamais l'appareil si la couleur de votre peau et/ou de vos poils n'est pas adaptée, à savoir : 37 N'utilisez jamais l'appareil si vous souffrez d'une des maladies répertoriées ci-dessous : 38 N'utilisez jamais l'appareil si vous êtes dans l'un des cas suivants : 38 N'utilisez jamais l'appareil sur les zones suivantes : 38 N'utilisez jamais l'appareil sur des coups de soleil ou sur une peau teintée par un bronzage récent (moins de 48 heures) ou artificiel : 39 Champs électromagnétiques (CEM) 39 39 Charge Avant utilisation 40 40 Préparation des zones à flasher Réglage de l'intensité lumineuse 41 41 Intensités lumineuses recommandées (1-5) 42 Important Conseils de bronzage 42 43 Utilisation de l'appareil Choix du bon accessoire 43 44 Première utilisation et test cutané Utilisation ultérieure 44 47 Recommandations relatives à la séance Durée moyenne de la séance 47 Zones d'épilation recommandées 47 Utilisation de l'appareil sur les jambes 47 Français 33 Conseil : crayon blanc pour les yeux 48 Utilisation de l'appareil pour l'épilation du maillot 48 Utilisation de l'appareil sur les aisselles 48 Utilisation de l'appareil sur le visage (lèvre supérieure, menton, pattes) 49 Pour des résultats optimaux 49 Phase d'entretien 49 Éventuels effets secondaires et réactions cutanées 50 Après utilisation 50 Nettoyage et entretien 51 Rangement 52 Environnement 52 Retrait des batteries rechargeables 52 Garantie et assistance 53 Spécificités techniques 54 Dépannage 54 Introduction Félicitations pour votre achat et bienvenue dans l'univers Philips ! Pour profiter pleinement de l'assistance Philips, enregistrez votre produit sur le site suivant : www.philips.com/lumea.

L'épilation à lumière pulsée est l'une des méthodes les plus efficaces pour épiler durablement les poils indésirables. Elle se distingue des méthodes actuelles d'épilation à domicile par sa capacité à réduire considérablement la repousse des poils. Philips s'est investi depuis plus de 10 ans dans la recherche aux côtés de dermatologues de renom. Profitez de cette technologie innovante à domicile.

Cet appareil a été particulièrement conçu et optimisé pour les femmes, mais peut être également utilisé par les hommes. Grâce à deux accessoires adaptés, Philips Lumea Precision Plus permet d'épiler les poils indésirables sur l'ensemble du corps, y compris le visage (la lèvre supérieure, le menton et les pattes). Philips Lumea Precision Plus a été conçu pour être utilisé par une seule personne. Pour en savoir plus sur Philips Lumea Precision Plus et pour visionner des films sur comment utiliser Lumea, rendez-vous sur www.philips.com/lumea.

Consultez régulièrement notre page d'accueil pour découvrir les mises à jour. Avantages Cet appareil offre les avantages suivants : Technologie dite de « lumière intense pulsée » ou IPL pour une utilisation à domicile Philips Lumea Precision Plus utilise la technologie dite de « lumière intense pulsée » ou IPL, employée depuis quinze ans dans le secteur de l'esthétique professionnelle pour les épilations. Avec Philips Lumea Precision Plus, bénéficiez de cette technologie innovante chez vous, en toute sécurité et avec efficacité. Prévention efficace de la repousse des poils pour une douceur incomparable, jour après jour Cette méthode offre une prévention longue durée de la repousse des poils et vous laisse une peau douce comme de la soie. Nos études ont mis en 34

Français évidence une diminution considérable des poils après seulement 2 séances. Les résultats optimaux ont généralement été obtenus après 4 ou 5 séances. La pilosité diminue visiblement de séance en séance. La rapidité d'apparition de cet effet et la durée du résultat dépendent de l'individu. Pour plus d'informations, reportez-vous à la section « Pour des résultats optimaux » du chapitre « Utilisation de l'appareil ».

Une application tout en douceur, même sur les zones sensibles du corps Développé en étroite collaboration avec des dermatologues de renom et testé sur plus de 2 000 femmes, Philips Lumea Precision Plus offre un flashage efficace et doux, même sur les zones plus sensibles et le visage. Fonctionnement sans fil pour une liberté et une flexibilité maximales L'appareil fonctionne avec une batterie rechargeable : vous pouvez donc l'emporter partout et l'utiliser où que vous soyez. Batterie longue durée pour un flashage corps et visage complet Une batterie entièrement chargée permet un flashage complet du corps et du visage (lèvre supérieure, aisselles, maillot et demi-jambes) en une seule opération, sans devoir recharger l'appareil. * Sur la base des durées de flashage moyennes pour chaque zone et des intensités recommandées pour un utilisateur. Aucune pièce de rechange nécessaire, aucun coût caché Philips Lumea Precision Plus est équipé d'une lampe haute performance qui n'a pas besoin d'être remplacée. Cette lampe peut produire plus de 140 000 flashes : elle vous permettra d'obtenir des résultats continus sur plus de 5 ans* et de réaliser des économies sur le remplacement des lampes. * Sur la base des durées de flashage moyennes pour chaque zone et des intensités recommandées pour un utilisateur. Quel est le principe de fonctionnement de la technologie de lumière intense pulsée de Philips ? Cycle de vie du poil La vitesse de pousse des poils varie en fonction de l'individu, de son âge et de son métabolisme, entre autres facteurs. Toutefois, la pousse des poils s'effectue normalement en 3 phases. 1 Phase de pousse (la phase anagène) Le poil pousse à la racine.



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C'est lors de cette phase que la concentration de mélanine, le pigment responsable de la couleur du poil, est la plus élevée. La concentration de mélanine est également déterminante pour l'efficacité de cette méthode. Seuls les poils en phase anagène sont réceptifs à l'exposition à la lumière intense pulsée. 2 Phase de dégradation (phase catagène) Le poil arrête de pousser, la racine passe en phase de repos, puis le poil tombe. 3 Phase de repos (phase télogène) Le poil mort se détache de son follicule et tombe.

Le follicule reste au repos jusqu'à ce que l'horloge biologique la réactive et lui fasse produire un nouveau poil. Français Principes de fonctionnement de l'appareil 35 -- L'appareil chauffe le poil et la racine sous la peau. La mélanine contenue dans le poil et sa racine absorbe la lumière pulsée émise. Plus le poil est foncé, plus la lumière absorbée est élevée. Ce processus permet au poil de passer en phase de repos.

-- Entre les séances, les poils tombent naturellement et la repousse est inhibée. Il peut falloir une ou deux semaines pour que les poils tombent. -- Une épilation optimale nécessite plusieurs séances, car seuls les poils en phase anagène sont réceptifs au flashage à la lumière, alors qu'une zone donnée de la peau contient des poils à différentes phases du cycle de vie. Pour réussir à épiler tous les poils et à empêcher que les racines ne redeviennent actives, vous devez répéter le flashage toutes les 2 semaines. Un filtre optique intégré protège votre peau des UV, pour une utilisation sans danger. Description générale (fig. 5) 1 Verre filtrant avec filtre UV intégré 2 Accessoires A. Accessoire de précision (pour toutes les parties du corps, y compris A la lèvre supérieure, le menton et les pattes) B. Accessoire corps (pour toutes les parties du corps au-dessous du cou) 3 Cadre métallique intégré à l'accessoire 4 Système de sécurité (anneau de sécurité avec interrupteurs de contact) 5 Bouton Flash 6 Voyants d'intensité (1- 5) 7 % Bouton d'augmentation de l'intensité 8 ^ Bouton de diminution de l'intensité 9 Voyant de charge et indication de batterie faible 10 Bouton marche/arrêt 11 Prise de l'appareil 12 Voyant « prêt-à-flasher » 13 Fentes de ventilation 14 Adaptateur 15 Petite fiche Également inclus : étui (SC2006/00) ou housse (SC2006/11) et tissu de nettoyage. 36 Français Important Lisez attentivement ce mode d'emploi avant d'utiliser l'appareil et conservez-le pour un usage ultérieur.

Danger -- L'eau et l'électricité ne font pas bon ménage ! N'utilisez jamais l'appareil dans un environnement humide (p. ex. près d'une baignoire remplie d'eau, d'une douche en fonctionnement ou d'une piscine). -- Évitez de mouiller l'appareil et l'adaptateur secteur. -- Si l'appareil est cassé, ne touchez aucun de ses composants internes afin d'éviter tout risque d'électrocution. -- N'introduisez jamais d'objets dans l'appareil. Avertissement -- Cet appareil n'est pas destiné à être utilisé par des personnes (notamment des enfants) dont les capacités physiques, sensorielles ou intellectuelles sont réduites, à moins que celles-ci ne soient sous surveillance ou qu'elles n'aient reçu des instructions quant à l'utilisation de l'appareil par une personne responsable de leur sécurité. -- Veillez à ce que les enfants ne puissent pas jouer avec l'appareil. -- Cet appareil n'est pas destiné à être utilisé par des enfants de moins de 15 ans. Les adolescentes de 15 à 18 ans peuvent l'utiliser avec l'autorisation et l'aide de leurs parents ou des personnes qui exercent sur elles l'autorité parentale. Les adultes de plus de 19 ans peuvent utiliser cet appareil en toute liberté. -- Chargez toujours l'appareil à l'aide de l'adaptateur secteur fourni. -- N'utilisez pas l'appareil ou l'adaptateur secteur s'il est endommagé. -- L'adaptateur contient un transformateur. Pour éviter tout accident, n'essayez pas de remplacer la fiche de l'adaptateur secteur.

-- Si l'adaptateur secteur est endommagé, il doit toujours être remplacé par un adaptateur secteur de même type pour éviter tout accident. -- N'utilisez pas l'appareil si le filtre UV du verre filtrant est cassé. -- N'utilisez pas l'accessoire de précision si le verre de couleur rouge est cassé. Pour éviter tout dommage : -- Veillez à ce que rien n'obstrue le flux d'air à travers les fentes de ventilation. -- Ne soumettez jamais l'appareil à des chocs violents, des secousses ou des chutes.

-- Lorsque l'appareil passe d'un environnement très froid à un environnement très chaud, et inversement, attendez environ 3 heures avant de l'utiliser. -- Rangez l'appareil dans le coffret ou l'étui pour éviter l'accumulation de poussière (SC2006/11, SC2006/00). -- Ne laissez jamais l'appareil branché sans surveillance. Éteignez impérativement l'appareil après utilisation. -- N'exposez pas l'appareil pendant plusieurs heures aux rayons directs du soleil ou à des rayons UV. Français 37 -- Ne faites pas fonctionner le flash sur d'autres surfaces que votre peau, car vous pourriez endommager les accessoires et/ou le verre filtrant. Utilisez le flash uniquement lorsque l'appareil est en contact avec la peau. Attention -- N'utilisez jamais l'appareil autour des yeux et près des sourcils afin d'éviter tout risque de lésion oculaire. -- N'utilisez cet appareil qu'avec une intensité adaptée à votre type de peau. Une utilisation avec une intensité supérieure à celle recommandée augmente le risque de réactions cutanées et d'effets secondaires.

-- Cet appareil ne doit être utilisé avec les deux accessoires fournis que pour épiler les poils indésirables se trouvant dans les zones situées sous les pommettes.



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