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Manual abstract:

Light-based hair removal is one of the most effective methods to treat unwanted body hair with longer-lasting results. It is different from current home hair removal methods because it significantly reduces hair regrowth. Philips has been investigating this method together with leading dermatologists for over 10 years. You can now use this innovative technology comfortably in the privacy of your own home, whenever and wherever you want. This appliance has been specifically designed and optimised for use by women, but can be used by men as well. It is intended for removing body hair on areas mentioned below: -- Underarms -- Arms -- Stomach -- Bikini area -- Legs Do not use Philips Lumea on the face. Philips Lumea is designed for use by one person only. For more information about Philips Lumea, see www.philips.com/lumea.

Check our homepage regularly for updates. Benefits This appliance provides the following benefits: 7 Intense Pulsed Light (IPL) technology for home use Philips Lumea uses a light-based technology called 'Intense Pulsed Light' (IPL). IPL is also used in the professional beauty market for hair removal and has been in use for the last fifteen years. Philips Lumea now brings this innovative technology to the comfort of your home. Effective hair regrowth prevention for everyday smoothness This method provides you with long-lasting hair regrowth prevention and silky-smooth skin.

Our studies have shown a significant hair reduction already after two treatments. Optimal results were generally achieved after four to five treatments. A reduction in hair density is visible from treatment to treatment. How fast the effect becomes visible and how long the results last varies from person to person. For more information, see section 'How to achieve optimal results' in chapter 'Using the appliance'.

8 English Gentle treatment, even on sensitive body areas Philips Lumea has been developed in close cooperation with leading dermatologists for an effective and gentle treatment, even on the most sensitive body areas. Cordless operation for maximum freedom and flexibility Because the appliance runs on rechargeable batteries, it is portable and can be used anywhere. Lamp does not require replacement Philips Lumea is equipped with a high performance lamp which does not require replacement. This lamp can generate over 80,000 flashes and should enable you to continuously maintain results for more than 5 years* while saving money on expensive replacement lamps. *Based on average usage scenario and recommended treatment regime for one user. How Philips' Intense Pulsed Light technology works Hair growth Hair growth rates differ from person to person, depending on age, metabolism and other factors. However, everyone's hair normally grows in 3 phases. 1 Growing phase (anagen phase) The hair grows actively from the root. In this phase the concentration of melanin is highest. Melanin is responsible for the pigmentation of the hair.

Melanin concentration is also the determining factor for the efficacy of this method. Only hairs in the growing phase are susceptible to treatment with light. 2 Degradation phase (catagen phase) Hair growth stops and the root shrinks before the hair sheds. 3 Resting phase (telogen phase) The old hair separates from its hair follicle and sheds. The follicle remains at rest until the biological clock tells it to become active again and grow a new hair. Working principle The appliance works by heating up the hair and root beneath the skin. The melanin in the hair and hair root absorbs the released light pulses. The darker the colour of the hair, the more light can be absorbed. This process stimulates the hair to go into the resting phase. The hair now sheds naturally and the hair growth is inhibited.

Hairs can take one or two weeks to shed. Optimal hair removal cannot be obtained with a single session, since only hairs in the growing phase are susceptible to treatment with light. During a treatment, hairs on the treated area are usually in different stages of the hair growth cycle. To effectively treat all hairs you have to repeat the treatment every two weeks for a few times. An integrated optical filter ensures that no UV light reaches the skin and guarantees that the appliance is safe for the skin.

General description (Fig. 2) A Light exit window with integrated UV filter B Body Attachment C Metallic frame inside the attachment English D Safety system (safety ring with contact switches) E Flash button F Intensity lights (1- 5) G % Intensity increase button H ^ Intensity decrease button I Charging light and battery low indication J On/off button K 'Ready to flash' light L Appliance socket M Adapter N Small plug O Air vents Also included: pouch and cleaning cloth Important 9 Read this user manual carefully before you use the appliance and save it for future reference. Danger -- Water and electricity are a dangerous combination. Do not use this appliance in wet surroundings (e.g. near a filled bath, a running shower or a filled swimming pool). -- Keep the appliance and the adapter dry. -- If the appliance is broken, do not touch any inner part to avoid electric shock. -- Never insert any objects into the appliance. Warning -- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. -- Children should be supervised to ensure that they do not play with the appliance. -- The appliance is not intended for children under the age of 15 years. Teenagers aged between 15 and 18 years can use the appliance with the consent and/or assistance of their parents or the persons who have parental authority over them. Adults from 19 years and older can use the appliance freely. -- Only charge the appliance with the adapter supplied.

-- Do not use the appliance or the adapter if it is damaged. -- The adapter contains a transformer. Do not cut off the adapter to replace it with another plug, as this causes a hazardous situation. -- If the adapter is damaged, always have it replaced with one of the original type in order to avoid a hazard. -- Do not use the appliance if the UV filter of the light exit window is broken. 10 English To prevent damage: -- Make sure nothing obstructs the air flow through the ventilation slots. -- Never subject the appliance to heavy shocks and do not shake or drop it. -- If you take the appliance from a very cold environment to a very warm environment or vice versa, wait approximately 3 hours before you use it. -- Store the appliance in the pouch so that it does not become dusty. -- Never leave the appliance unattended when it is switched on.

Always switch off the appliance after use. -- Do not expose the appliance to direct sunlight or UV light for several hours. -- Do not flash against any other surface than the skin.



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This can cause severe damage to the attachment and/or the light exit window. Only flash when the appliance is in contact with skin.

Caution -- This appliance is only intended for removing unwanted body hair from areas below the neck. Do not use it for any other purpose. -- Use this appliance only at settings suitable for your skin type. Use at higher settings than those recommended can increase the risk of skin reactions and side effects. Keep the following things in mind to avoid compromising the lifetime of your Philips Lumea: -- Do not expose the appliance to temperatures lower than 15°C or higher than 35°C during use.

-- The appliance is equipped with a built-in overheat protection. If the appliance overheats, it does not flash. Do not switch off the appliance, but let it cool down for approx. 15 minutes before you continue with your treatment. -- Always return the appliance to a service centre authorised by Philips for examination or repair. Repair by unqualified people could cause an extremely hazardous situation for the user. -- Never use the appliance in any of the cases mentioned in the section 'Contraindications'. For whom is Philips Lumea not suitable? Philips Lumea is not designed for everyone. If any of the following is true for you, then this appliance is not suitable for you to use! Contraindications Never use the appliance if you are pregnant or breast feeding. Never use the appliance if you have an unsuitable skin and/or hair colour, i.

e.: -- If your natural hair colour in the treatment areas is light blond, white, grey or red. -- If you are of skin type VI (you rarely or never get sunburnt and you tan very darkly; your skin colour is brownish black or darker). In this case you run a high risk of developing skin reactions, such as strong redness, burns or discolourations, when you use Philips Lumea. English 11 Never use the appliance if you suffer from any of the diseases listed below, i.e.: -- If you have a skin disease such as active skin cancer, you have a history of skin cancer or any other localised cancer in the areas to be treated. -- If you have pre-cancerous lesions or multiple atypical moles in the areas to be treated. -- If you have a history of collagen disorder, including a history of keloid scar formation or a history of poor wound healing. -- If you have a history of vascular disorder, such as the presence of varicose veins or vascular ectasia in the areas to be treated.

-- If your skin is sensitive to light and easily develops a rash or an allergic reaction. -- If you have infections, eczema, burns, inflammation of hair follicles, open lacerations, abrasions, herpes simplex, wounds or lesions and haematomas in the areas to be treated. -- If you have had surgery in the areas to be treated. -- If you have epilepsy with flashlight sensitivity. -- If you have diabetes, lupus erythematoses, porphyria or congestive heart disease.

-- If you have any bleeding disorder. -- If you have a history of immunosuppressive disease (including HIV infection or AIDS). Never use the appliance if you take any of the medications listed below, i.e.: -- If your skin is currently being treated with or has recently been treated with Alpha-Hydroxy Acids (AHAs), Beta-Hydroxy Acids (BHAs), topical isotretinoin and azelaic acid.

-- If you have taken any form of isotretinoin Accutane® or Roaccutane® in the last six months. This treatment thins the skin and can therefore make it more susceptible to tears, wounds and irritations. -- If you are on painkillers, which reduce the skin's sensitivity to heat. -- If you are taking photosensitising agents or medications, check the package insert of your medicer of undesired effects: -- The light exit window and attachment may become contaminated with stray hairs and dirt. A contaminated light exit window and attachment can reduce the life and efficacy of the appliance. In addition, burns or black spots that appear on the light exit window and attachment due to contamination can cause the treatment to become painful or cause skin reactions like redness and discolouration. -- Hairs on your skin can burn, which can result in an unpleasant smell. 2 Clean your skin and make sure it is hair-free, entirely dry and free from oily substances (e.g. present in cosmetic products like deodorants, lotions, perfumes, tanning creams and sunscreens).

3 Check the appliance, especially the light exit window and attachment, for trapped hair, dust and fibres. If you see any contamination, clean the appliance according to the instructions in chapter 'Cleaning and maintenance'. Notes: -- If shaving causes wounds or lesions, your skin may be more sensitive and the light treatment may sometimes feel uncomfortable. -- Once the hairs stop growing back, which usually happens after 4-5 treatments, you no longer have to shave before you use the appliance. Setting the light intensity Philips Lumea is an appliance developed for consumer use at home and therefore not comparable with professional light-based appliances with respect to pain sensation. The pulses of light delivered by Philips Lumea are gentler than those from professional appliances and therefore you can expect a convenient and effective treatment. You have to adjust the light intensity to your skin and body hair colour and to a level you find comfortable. The recommended light intensities table below helps you to establish the right light intensity. 1 Consult the table below to determine which light intensities are most suitable for your skin and body hair colour and to check if this method is suitable for you (if it is not, this is indicated with x in the table). 2 Each body area and possibly even parts of a body area may require a separate appropriate light intensity according to the recommended light intensities table below.

The method is more effective at higher intensities, but you should reduce the light intensity if you experience any pain or discomfort. 14 English Persons with darker skin run a higher risk of skin irritation because their skin absorbs more light. Therefore lower intensities are recommended for persons with darker skin. The light pulse can feel warm or hot on the skin but should never be painful. To prevent skin reactions, see chapter 'Using the appliance', section 'Possible side effects and skin reactions'.

Recommended light intensities (1-5) In the table below, 'x' means that the appliance is not suitable for you. Skin colour and characteristics: White (always sunburn, no tanning) Beige (easy sunburn, minimal tanning) Light brown (sometimes sunburn, good tanning) Mid brown (rarely sunburn, fast and good tanning) 3/4 Dark brown (rarely sunburn, very good tanning) Brownish black and darker (rarely to never sunburn, very dark tanning) Body hair colour: dark blond/light 4/5 brown/brown/ dark brown/black white/grey/red/ light blond x 4/5 4/5 1/2/3 x x x x x x Important To check whether Philips Lumea is suitable for you, see section 'For whom is Philips Lumea not suitable?'.



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If your skin has been exposed to natural sunlight or an artificial tanning method, it may be darker than during the previous treatment. Check the table above to determine which settings are suitable for your skin colour. Tanning advice Sun exposure before treatment -- Wait at least 48 hours after sunbathing before you use the appliance.

Sunbathing can cause skin to darken (tan) and/or can cause sunburn (reddening of the skin). -- After these 48 hours, check the skin for any remaining sunburn. Do not use Philips Lumea as long as sunburn persists. -- When the sunburn has disappeared, perform a skin test (see chapter 'Using the appliance', section 'First use') on the area to be treated to determine the appropriate light intensity. -- If your skin is tanned, perform a skin test (see chapter 'Using the appliance', section 'First use') on the area to be treated to determine the appropriate light intensity. A failure to do so causes a risk of developing skin reactions after treatment with Philips Lumea. Sun exposure after treatment -- Wait at least 24 hours after treatment before you expose treated areas to the sun. Even after 24 hours, make sure that the treated skin does not show any redness from the treatment anymore before you expose it to the sun. English 15 -- Cover treated areas when you go out into the sun or use a sunblock (SPF 30+) in the two weeks after treatment. -- Exposing treated areas to sunlight without protection immediately after treatment can increase the risk of adverse side effects and skin reactions.

See chapter 'Using the appliance', section 'Possible side effects and skin reactions'. Tanning with artificial light -- Follow the instructions in 'Sun exposure before treatment' and 'Sun exposure after treatment' above. Tanning with creams -- If you have used an artificial tanning lotion, wait until the artificial tan has fully disappeared before you use Philips Lumea. Note: For more details on unwanted skin reactions, see chapter 'Using the appliance', section 'Possible side effects and skin reactions'. Using the appliance Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to determine which light intensities are most suitable for your skin and body hair colour. Use the appliance in a well-lit room; this reduces the perceived brightness of the flash. Shave the area you intend to treat before you use the appliance (see chapter 'Preparing for use', section 'Preparing treatment areas'). If the treatment becomes intolerably painful at any point in time, reduce the light intensity setting until the treatment is comfortable again. If you notice skin reactions stronger than slight redness, stop the treatment immediately and read section 'Possible side effects and skin reactions' in this chapter. First use and skin test 1 Attach the body attachment to the appliance.

The body attachment can be used to treat unwanted body hair on all body areas below the neck (for exceptions, see chapter 'Important', section 'Contraindications'). 2 Choose an area close to the area you intend to treat. 16 English 3 Press the on/off button to switch on the appliance. ., The appliance always starts automatically at the lowest setting. 4 Apply one flash at the lowest recommended intensity for your skin type (for instructions on how to release a flash, see steps 6 to 9 of section 'Subsequent use' in this chapter).

5 As long as it feels comfortable (not painful), increase the setting by one level within the recommended range for your skin type and apply one flash for each setting. Do not apply more than one flash on the same spot. 6 After the skin test, wait for 24 hours and check your skin for any reaction. If your skin shows reactions, choose the highest setting that did not result in any skin reaction for subsequent use. When you use the appliance for the first time, we advise you to perform a skin test on the area to be treated to check your skin's reaction to the treatment and to get accustomed to light-based treatment.

Subsequent use 1 Before every treatment, clean the attachment, the light exit window and the metallic frame inside the attachment of Philips Lumea. For more information see chapter 'Cleaning and maintenance'. 2 Press the on/off button to switch on the appliance. Note: It is normal that the appliance and the attachment become warm during use. 3 Start each treatment by selecting the light intensity very carefully, based on your skin's sensitivity and on how comfortable treatment feels. Your skin may react differently on different days/occasions for a number of reasons. See section 'Possible side effects and skin reactions' in this chapter for more information. English 17 4 Press the % button to increase the intensity. To lower the intensity, press the ^ button. ., Every time you press the button, the corresponding intensity light starts to flash.

This takes a few seconds. 5 Place the appliance in a 90° angle on the skin so that the attachment and the safety ring are in contact with the skin. 6 Press the safety ring fully onto the skin with slight pressure. Note: The safety ring has contact switches that together are the safety system of the appliance. This safety ring prevents unintentional flashing without skin contact. ., The 'ready to flash' light on the back of the appliance lights up green when all contact switches of the safety ring are in contact with the skin and the appliance is charged. This may take up to 3.5 seconds. Tip: For easier use, stretch the area of skin you want to treat. On areas with softer skin, you may need to exert more pressure on the appliance to push in all contact switches.

7 Press the flash button to release a flash. Note: The visible light produced by the appliance is the reflection of the flash on the skin and is harmless to your eyes. It is not necessary to wear goggles during use. 8 Let go of the flash button after the appliance has flashed. 9 For the next flash, repeat steps 6 to 9. After each flash it takes up to 3.5 seconds until the appliance is ready to flash again. Do not treat exactly the same area multiple times during one session.

This does not improve the effectiveness of the treatment, but increases the risk of skin reactions. 18 English 10 To avoid untreated areas, always make sure there is some overlap with the previously treated area when you place the appliance on the skin.

The effective light only comes out of the light exit window. Make sure the flashes are produced close to each other. 11 Switch off the appliance after you have finished the treatment. 12 Check the light exit window and the attachment for hairs and dirt and clean the appliance after use (see chapter 'Cleaning and maintenance').



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Guidelines for treatment Average treatment time Area Underarms Bikini line Entire bikini area One lower leg One full leg Approx. treatment time 1.5 minutes per underarm 1.5 minutes per side 5 minutes 12 minutes 20 minutes Note: The average treatment times above have been observed during research and tests. Individual treatment times may vary from person to person. Note: Fully charged batteries offer at least 320 flashes at intensity 5.

How long you can use the appliance depends on the size of the area to be treated and the intensity setting used. Using the appliance on the legs Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your legs. -- You can move the appliance up and down or across the leg, whichever is more convenient to you. Note: Bony areas like shinbone and ankles are more sensitive than other areas of the body. When you press the attachment hard onto these areas, the skin can be more susceptible to skin reactions, such as skin irritation and redness. See section 'Possible side effects and skin reactions' in this chapter. Press the attachment onto the skin just hard enough to make the 'ready to flash' light go on, but not harder. Tip: The appliance may leave imprints on the skin in the treated areas. These imprints may show you where you can make the treated areas overlap. If you use the appliance to treat both your lower and upper legs, you may have to recharge the appliance during the treatment.

This is normal. How long you can use the appliance depends on the size of the treatment area and the intensity setting used. Tip: Many users combine leg treatments with other activities around the house such as watching TV or listening to music. You can also try this to make the experience more enjoyable and relaxing. English 19 Using the appliance in the bikini area Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your bikini area.

In principle, Philips Lumea is safe and gentle enough for treatment of the entire bikini area (e.g. for 'Brazilian' or 'Hollywood' style). Use a lower setting on darker pigmented, more sensitive skin in the bikini area. Do not use the appliance on inner labia, vagina and anus.

Men who wish to treat their pubic area must not use the appliance on the scrotum. Note: For hygienic reasons, always clean the attachment before you start treating another body area. Using the appliance on the underarms Check the recommended light intensities table in chapter 'Preparing for use', section 'Setting the light intensity' to see which settings are suitable for your underarms. Make sure you remove any deodorant, perfume, cream or other skin care product from your underarms before treatment. Tip: To achieve optimal results on your underarms, stand in front of a mirror to get a good view of the area to be treated and the 'ready to flash' light. Raise your arm and place your hand in your neck to stretch the skin in the underarm area. In this way the safety ring can be pressed more easily onto the skin, which makes the treatment easier to perform. Note: The reflected light does not harm your eyes. If the scattered light is unpleasant, close your eyes when you release a flash. How to achieve optimal results -- It is normal that hairs are still visible after the first few treatments (see chapter 'Introduction', section 'Working principle' for more information).

-- To remove all hairs successfully and prevent the hair follicle from becoming active again, the treatments have to be repeated once every two weeks for the first two months. Your skin should be smooth and hair-free by then. Please read section 'Maintenance phase' to find out how you can keep these results. Maintenance phase -- To ensure that your skin stays smooth and hair-free, we advise you to repeat the treatment every four to six weeks. The time between treatments may vary based on your individual hair regrowth and also across different body areas. If too many hairs grow back between treatments, simply shorten the treatment interval again, but do not treat any area more often than once every two weeks. When you use the appliance more frequently than recommended, you do not increase the effectiveness but you do increase the risk of skin reactions. Possible side effects and skin reactions Common skin reactions: -- Your skin may show slight redness and/or may prickle, tingle or feel warm. This reaction is absolutely harmless and disappears quickly. -- A skin reaction similar to sunburn may occur on the treated area for a short while.

If this does not disappear within 3 days, we advise you to consult a doctor. 20 English -- Dry skin and itching may occur because of the combination of shaving and light treatment. This is harmless and disappears within a few days. You can cool the area with an ice pack or a wet cloth. If dryness persists, you can apply a non-scented moisturiser on the treated area 24 hours after the treatment.

Rare side effects: -- Burns, excessive redness and swelling: these reactions occur very rarely. They are the result of using a light intensity that is too high for your skin colour. If these reactions do not disappear within 3 days, we advise you to consult a doctor. Wait with the next treatment until the skin has healed completely and make sure you use a lower light intensity. -- Skin discolouration: this occurs very rarely.

Skin discolouration manifests itself as either a darker or lighter patch than the surrounding area. This is the result of using a light intensity that is too high for your skin colour. If the discolouration does not disappear within 2 weeks, we advise you to consult a doctor. Do not treat discoloured areas until the discolouration has disappeared and your skin has regained its normal skin colour. -- Skin infection and inflammation: This occurs very rarely and may be caused by using the appliance on wounds or cuts that resulted from shaving, on already existing wounds or on ingrown hairs. -- Excessive pain: this can occur during or after treatment if you have used the appliance on unshaved skin, if you use the appliance at a light intensity that is too high for your skin colour, if you flash the same area more than once and if you use the appliance on open wounds, inflammations, infections, tattoos, burns, etc. See chapter 'Important', section 'Contraindications' for more information. After use -- Do not apply any perfumed cosmetics to the areas treated immediately after treatment. -- Do not use deodorant immediately after treating the underarms. Wait until any skin redness has disappeared completely.

-- See chapter 'Preparing for use', section 'Tanning advice' for information about sun exposure and artificial tanning.



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Cleaning and maintenance To ensure optimal results and a long life for the appliance, clean the appliance before and after each use and, if necessary, also during the treatment. The appliance loses its effectiveness if you do not clean it properly. Never clean the appliance or any of its parts under the tap or in the dishwasher. Never use scouring pads, abrasive cleaning agents or aggressive liquids such as petrol or acetone to clean the appliance. Never scratch the light exit window or the metallic frame inside the attachment. Note: Make sure that the contact switches of the safety ring do not get congested with dirt. Note: Stop using the appliance when it is no longer possible to clean the light exit window or the attachment. English 21 1 Switch off the appliance, unplug it and let it cool down. Note: The light exit window becomes hot during use.

Make sure it has cooled down before you clean it. 2 To remove the attachment, put your fingers in the recesses at the top and bottom and pull gently. The attachment should come off easily. 3 Moisten the soft cloth supplied with the appliance with a few drops of water and use it to clean the following parts: -- the light exit window -- the outside surface of the attachment -- the metallic frame inside the attachment Note: If water does not clean effectively, use a few drops of high-percentage alcohol to clean the parts mentioned above. Note: A contaminated light exit window and/or attachment can look like this picture.

Make sure you clean the appliance before and after each use and, if necessary, also during the treatment according to the instructions in this section. Tip: If it is no longer possible to clean the edges of the attachment with the enclosed cleaning cloth, use a cotton bud instead. Make sure that no fluff or fibres stay behind on the attachment or on the light exit window. 4 If necessary, clean the outside of the appliance with the dry soft cleaning cloth supplied with the appliance. Storage 1 Switch off the appliance, unplug it and let it cool down.

2 Clean the appliance before you store it. 3 Put the appliance in the pouch supplied. 4 Store the appliance in a dry place at a temperature between 0°C and 60°C. Replacement If you have to replace a part or want to purchase an additional part, go to your Philips dealer or visit www.philips.com/support. If you have problems obtaining the parts, please contact the Philips Consumer Care Centre in your country. Replacement parts The following replacement parts are available: -- Body attachment -- Adapter -- Pouch 22 English Environment -- Do not throw away the appliance with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment. -- The built-in rechargeable batteries contain substances that may pollute the environment.

Always remove the batteries before you discard and hand in the appliance at an official collection point. Dispose of the batteries at an official collection point for batteries. If you have trouble removing the batteries, you can also take the appliance to a Philips service centre. The staff of this centre will remove the batteries for you and will dispose of them in an environmentally safe way. Removing the rechargeable batteries Only remove the rechargeable batteries if they are completely empty. 1 Insert an awl or another pointed tool into the bottom cap of the appliance and pry off the bottom cap. 2 Undo the two screws in the bottom of the handle with a screwdriver. 3 Remove the bottom part of the handle and cut the two wires that connect the bottom part to the appliance. English 23 4 Pull the battery connectors off the battery terminals with long nose pliers. 5 Pull the rechargeable batteries out of the appliance with long nose pliers. 6 Cut the two wires one at a time to ensure that no mishaps due to possible residual charge occur. Guarantee and service If you need service or information or if you have a problem, please visit the Philips website at www.philips.com or contact the Philips Consumer Care Centre in your country (please look for the phone number in the worldwide guarantee leaflet). If there is no Consumer Care Centre in your country, go to your local Philips dealer.

Technical specifications Model SC2001/01 Rated voltage Rated frequency Rated input Protection against electric shock Protection rating Operating conditions 100V-240V 50Hz-60Hz 7.5W Class II Q IP 30 (EN 60529) Temperature: +15° to +35°C Relative humidity: 25% to 95% 24 English Model SC2001/01 Storage conditions Spectrum of body attachment Lithium-ion battery Troubleshooting This chapter summarises the most common problems you could encounter with the appliance. If you are unable to solve the problem with the information below, contact the Consumer Care Centre in your country (please look for the phone number in the worldwide guarantee leaflet). Problem The appliance does not work. Possible cause The rechargeable batteries are empty.

The appliance is defective. The appliance suddenly switches off. The adapter becomes warm during charging. The charging light does not go on when I put the small plug in the appliance socket. The rechargeable batteries are empty. This is normal. You have not put the adapter in the wall socket. The wall socket is not live. Solution Charge the appliance (see chapter 'Charging'). Temperature: 0° to +60°C Relative humidity: 5% to 95% >570nm 2 x 3.

7 Volt 1500 mAh Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. Charge the appliance (see chapter 'Charging'). No action required. Insert the small plug into the appliance socket and put the adapter in the wall socket. Connect another appliance to the wall socket to check if the wall socket is live. If the socket is live but the appliance still does not charge, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. Make sure the adapter is inserted properly into the wall socket and/or the small plug is inserted properly into the appliance socket. The adapter is not inserted properly into the wall socket and/or the small plug is not inserted properly into the appliance socket. The appliance is defective. Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

English Problem I have switched on the appliance but I cannot increase or decrease the light intensity. The 'ready to flash' light does not go on when I place the appliance on the skin. Possible cause The appliance has to be reset. Solution To reset the appliance, switch off the appliance and then switch it on again. If you still cannot adjust the light intensity, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

25 You have not put the attachment with safety ring properly on the skin.



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Place the appliance in a 90° angle onto the skin in such a way that all contact switches touch the skin. Then check if the 'ready to flash' light is on and press the flash button. If this does not work, place the appliance on a part of your body where it is easy to establish full skin contact, for example on your lower arm. Then check if the 'ready to flash' light works.

If the 'ready to flash' light still does not go on when you place the appliance on the skin, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. The safety ring is dirty. Clean the safety ring carefully. If you are unable to clean the safety ring properly, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre to replace the attachment. When the overheat protection has been activated, the fan still works. Do not switch off the appliance and let it cool down for approx. 15 minutes before you continue to use it. If the 'ready to flash' light still does not go on when you place the appliance on the skin, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. To reset the appliance, switch off the appliance and switch it on again. If the 'ready to flash' light is green but the appliance still does not produce a flash when you press the flash button, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre.

No action required. To reset the appliance, switch it off and on again. If the appliance still does not show light intensity 1, contact your Customer Care Centre, your Philips dealer or a Philips Service Centre. Clean the attachment carefully. If you are unable to clean the attachment properly, contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre to replace the attachment. The 'ready to flash' light does not go on when I place the attachment on my skin, but the cooling fan works. The overheat protection has been activated. The 'ready to flash' light is green but the appliance does not produce a flash when I press the flash button. The appliance becomes warm during use. The appliance does not show light intensity 1 when I switch it on.

The appliance needs to be reset. This is normal. The appliance needs to be reset. The appliance produces a The attachment strange smell. and/or the filter glass is dirty.

26 English Possible cause You have not shaved the area to be treated properly. Solution If there are hairs on the area to be treated, these hairs may get burnt when you use the appliance. As a result, you notice a strange smell. Shave the area to be treated properly before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting.

Problem You stored the The strange smell disappears after a few flashes. appliance in a dusty environment. The skin feels more sensitive than usual during treatment. The light intensity Check if you have selected the right light intensity. If you use is too high. necessary, select a lower light intensity. You did not shave the areas to be treated. The UV filter of the light exit window is broken. The appliance is defective. I experience an unacceptable pain sensation when I use the appliance.

You did not shave the areas to be treated You treated an area for which the appliance is not intended. You have used a light intensity which is too high for you. The light exit window is broken. Shave the areas to be treated before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting. If the UV filter of the light exit window is broken, do not use the appliance anymore. Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. Contact the Consumer Care Centre in your country, your Philips dealer or a Philips service centre. Shave the areas to be treated before you use the appliance. If shaving causes skin irritation, trim hairs as short as possible and use a comfortable setting.

You must not use the appliance on your inner labia, vagina, anus, nipples, areolas, lips, inside the nostrils and ears, in the region of your eyes and eyebrows. Men must not use it on their face or scrotum. Reduce the light intensity to a level that is comfortable for you. See chapter 'Preparing for use', section 'Setting the light intensity'. If the light exit window is broken, do not use the appliance with this attachment any more.

Go to your dealer or a Philips service centre or contact the Consumer Care Centre to have the attachment replaced. Do not use the appliance if you have a very dark skin. Do not use it either if your body hair is light blond, red, grey or white. No action required. The appliance is not suitable for your skin colour. The treated areas become red after the treatment. Slight redness is harmless and normal and disappears quickly. English Problem Possible cause Solution 27 The skin reaction after You have used the treatment lasts longer a light intensity than usual. which is too high for you. Select a lower light intensity the next time. See chapter 'Preparing for use', section 'Setting the light intensity'. If the skin reaction lasts longer than 3 days, contact your doctor. The hair-removal results are not satisfactory. You have used a light intensity which is too low for you. You did not make enough overlaps when you used the appliance.

You do not use the appliance as often as recommended. Select a higher light intensity the next time. For proper hair-removal results, you have to make overlaps when you use the appliance. See chapter 'Using the appliance', step 11. To remove all hairs successfully and to prevent the hair root from becoming active again, the treatments have to be repeated once every two weeks for the first two months. Your skin should be smooth and hair-free by then. To ensure that you keep these results, we advise you to repeat the treatments on the underarms, bikini area, arms and stomach every two weeks. On the legs, regrowth is usually slower. Therefore, a treatment once every four weeks is probably sufficient to keep your legs smooth and hair-free. If you see too many hairs grow back within these four weeks, then simply shorten the interval between treatments again, but do not treat more often than once every two weeks.

Do not use the appliance if your body hair is light blond, red, grey or white. Do not use the appliance either if you have very dark skin. For proper hair-removal results, you have to make overlaps when you use the appliance. See chapter 'Using the appliance', step 11. The appliance is not suitable for your hair or skin colour.

Hair starts to grow again in some spots on the treated areas. You did not make enough overlaps when you used the appliance.



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Hair starts to grow This is normal. It is part of the natural cycle of hair growth that hair starts growing again. The hairs that again as part of the natural cycle of come back, however, tend to be softer and thinner.

hair growth. 28 Français Table des matières Introduction 29 Avantages 29 Technologie dite de « lumière intense pulsée » ou IPL pour une utilisation à domicile 29 Prévention efficace de la repousse des poils pour une douceur incomparable, jour après jour 29 Une application tout en douceur, même sur les zones sensibles du corps 30 Fonctionnement sans fil pour une liberté et une flexibilité maximales 30 La lampe n'a pas besoin d'être remplacée 30 Quel est le principe de fonctionnement de la technologie de lumière intense pulsée de Philips ? 30 Cycle de vie du poil 30 Principes de fonctionnement de l'appareil 30 Description générale 31 Important 31 Danger 31 Avertissement 31 Pour éviter tous dommages : 32 Attention 32 Pour assurer une durée de vie optimale à votre appareil Philips Lumea, tenez compte des considérations suivantes : 32 Quelles sont les personnes auxquelles Lumea ne convient pas ? 32 Contre-indications 33 N'utilisez jamais l'appareil si vous êtes enceinte ou si vous allaitez. 33 N'utilisez jamais l'appareil si la couleur de votre peau et/ou de vos poils n'est pas adaptée, à savoir : 33 N'utilisez jamais l'appareil si vous souffrez d'une des maladies répertoriées ci-dessous : 33 N'utilisez jamais l'appareil si vous prenez l'un des traitements suivants : 33 N'utilisez jamais l'appareil sur les zones suivantes : 34 N'utilisez jamais l'appareil sur des coups de soleil ou sur une peau teintée par un bronzage récent (moins de 48 heures) ou artificiel : 34 Champs électromagnétiques (CEM) 34 Charge 34 Avant l'utilisation 35 Préparation des zones à flasher 35 Réglage de l'intensité lumineuse 36 Intensités lumineuses recommandées (1-5) 36 Important 37 Conseils de bronzage 37 Utilisation de l'appareil 38 Première utilisation et test cutané 38 Utilisation ultérieure 39 Recommandations relatives à la séance 41 Durée moyenne de la séance 41 Utilisation de l'appareil sur les jambes 41 Utilisation de l'appareil pour l'épilation du maillot 41 Utilisation de l'appareil sur les aisselles 42 Français Pour des résultats optimaux 42 Phase d'entretien 42 Éventuels effets secondaires et réactions cutanées 42 Après utilisation 43 Nettoyage et entretien 43 Rangement 44 Remplacement 45 Pièces de rechange 45 Environnement 45 Retrait de la batterie 45 Garantie et service 46 Spécificités techniques 47 Dépannage 47 Introduction 29 Félicitations pour votre achat et bienvenue dans l'univers Philips ! Pour profiter pleinement de l'assistance Philips, enregistrez votre produit sur le site suivant : www.philips.com/lumea. L'épilation à lumière pulsée est l'une des méthodes les plus efficaces pour épiler durablement les poils indésirables. Elle se distingue des méthodes actuelles d'épilation à domicile par sa capacité à réduire considérablement la repousse des poils. Philips s'est investi depuis plus de 10 ans dans la recherche aux côtés de dermatologues de renom. Profitez de cette technologie innovante à domicile. Cet appareil a été particulièrement conçu et optimisé pour les femmes, mais peut être également utilisé par les hommes.

Il permet d'épiler les poils situés sur les zones du corps ci-dessous : -- Aisselles -- Bras -- Ventre -- Maillot -- Jambes N'utilisez pas Philips Lumea sur le visage. Philips Lumea a été conçu pour une utilisation individuelle. Pour plus d'informations sur Lumea, rendez-vous sur www.philips.com/lumea. Consultez régulièrement notre page d'accueil pour découvrir les mises à jour. Avantages Cet appareil offre les avantages suivants : Technologie dite de « lumière intense pulsée » ou IPL pour une utilisation à domicile Lumea utilise la technologie dite de « lumière intense pulsée » ou IPL, utilisée depuis quinze ans dans le secteur de l'esthétique professionnelle pour les épilations. Avec Lumea, bénéficiez de cette technologie innovante chez vous. Prévention efficace de la repousse des poils pour une douceur incomparable, jour après jour Cette méthode offre une prévention longue durée de la repousse des poils et vous laisse une peau douce comme de la soie. Nos études ont mis en évidence une diminution considérable des poils après seulement 2 séances.

30 Français Les résultats optimaux ont généralement été obtenus après 4 ou 5 séances. La pilosité diminue visiblement de séance en séance. La rapidité d'apparition de cet effet et la durée du résultat dépendent de l'individu. Pour plus d'informations, reportez-vous à la section « Pour des résultats optimaux » du chapitre « Utilisation de l'appareil ». Une application tout en douceur, même sur les zones sensibles du corps Conçu en étroite collaboration avec des dermatologues de renom, Lumea offre une application efficace et douce, même sur les zones plus sensibles.

Fonctionnement sans fil pour une liberté et une flexibilité maximales L'appareil fonctionne avec une batterie rechargeable : vous pouvez donc l'emporter partout et l'utiliser où que vous soyez. La lampe n'a pas besoin d'être remplacée Philips Lumea est équipé d'une lampe haute performance qui n'a pas besoin d'être remplacée. Cette lampe peut produire plus de 80 000 flashes : elle vous permettra d'obtenir des résultats continus sur plus de 5 ans et de réaliser des économies sur le remplacement des lampes. *Basé sur une utilisation et une fréquence de séances moyennes pour un utilisateur. Quel est le principe de fonctionnement de la technologie de lumière intense pulsée de Philips ? Cycle de vie du poil La vitesse de pousse des poils varie en fonction de l'individu, de son âge et de son métabolisme, entre autres facteurs.*



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Toutefois, la pousse des poils s'effectue normalement en 3 phases. 1 Phase de pousse (la phase anagène) Le poil pousse à la racine. C'est lors de cette phase que la concentration de mélanine, le pigment responsable de la couleur du poil, est la plus élevée. La concentration de mélanine est également déterminante pour l'efficacité de cette méthode. Seuls les poils en phase anagène sont réceptifs à l'exposition à la lumière pulsée. 2 Phase de dégradation (phase catagène) Le poil arrête de pousser, la racine passe en phase de repos, puis le poil tombe. 3 Phase de repos (phase télogène) Le poil mort se détache de son follicule et tombe. Le follicule reste au repos jusqu'à ce que l'horloge biologique la réactive et lui fasse produire un nouveau poil. Principes de fonctionnement de l'appareil L'appareil chauffe le poil et la racine sous la peau. La mélanine contenue dans le poil et sa racine absorbe la lumière pulsée émise.

Plus le poil est foncé, plus la lumière absorbée est élevée. Ce processus permet au poil de passer en phase de repos. Le poil tombe alors naturellement, et sa repousse est inhibée. Il peut falloir une ou deux semaines pour que les poils tombent. Une épilation optimale nécessite plusieurs séances, car seuls les poils en phase anagène sont réceptifs à l'épilation à la lumière. Les poils d'une zone flashée sont généralement chacun à différents stades de leur cycle de vie. Pour réussir Français à épiler tous les poils et prévenir la réactivation des racines, vous devez répéter les séances toutes les 2 semaines. Un filtre optique intégré protège votre peau des UV, pour une utilisation sans danger. Description générale (fig. 2) A B C D Verre filtrant avec filtre UV intégré Accessoire corps Cadre métallique intégré à l'accessoire Système de sécurité (anneau de sécurité avec interrupteurs de contact) E Bouton Flash F Voyants d'intensité (1- 5) G % Bouton d'augmentation de l'intensité H ^ Bouton de diminution de l'intensité I Voyant de charge et indication de batterie faible J Bouton marche/arrêt K Voyant « prêt-à-flasher » L Prise de l'appareil M Adaptateur secteur N Petite fiche O Fentes de ventilation Également inclus : housse et tissu de nettoyage Important Lisez attentivement ce mode d'emploi avant d'utiliser l'appareil et conservez-le pour un usage ultérieur.

Danger 31 -- L'eau et l'électricité ne font pas bon ménage ! N'utilisez jamais l'appareil dans un environnement humide (p. ex. près d'une baignoire remplie d'eau, d'une douche en fonctionnement ou d'une piscine). -- Évitez de mouiller l'appareil et l'adaptateur secteur. -- Si l'appareil est cassé, ne touchez aucun de ses composants internes afin d'éviter tout risque d'électrocution.

-- N'introduisez jamais d'objets dans l'appareil. Avertissement -- Cet appareil n'est pas destiné à être utilisé par des personnes (notamment des enfants) dont les capacités physiques, sensorielles ou intellectuelles sont réduites, à moins que celles-ci ne soient sous surveillance ou qu'elles n'aient reçu des instructions quant à l'utilisation de l'appareil par une personne responsable de leur sécurité. -- Veillez à ce que les enfants ne puissent pas jouer avec l'appareil. -- Cet appareil n'est pas destiné à être utilisé par des enfants de moins de 15 ans. Les adolescentes de 15 à 18 ans peuvent l'utiliser avec l'autorisation et l'aide de leurs parents ou des personnes qui exercent sur elles l'autorité parentale.

Les adultes de plus de 18 ans peuvent utiliser cet appareil en toute liberté. 32 Français -- Chargez toujours l'appareil à l'aide de l'adaptateur secteur fourni. -- N'utilisez pas l'appareil ou l'adaptateur secteur s'il est endommagé. -- L'adaptateur contient un transformateur. Pour éviter tout accident, n'essayez pas de remplacer la fiche de l'adaptateur secteur. -- Si l'adaptateur secteur est endommagé, il doit toujours être remplacé par un adaptateur secteur de même type pour éviter tout accident. -- N'utilisez pas l'appareil si le filtre UV du verre filtrant est cassé. Pour éviter tous dommages : -- Veillez à ce que rien n'obstrue le flux d'air à travers les fentes de ventilation. -- Ne soumettez jamais l'appareil à des chocs violents, des secousses ou des chutes. -- Lorsque l'appareil passe d'un environnement très froid à un environnement très chaud, et inversement, attendez environ 3 heures avant de l'utiliser.

-- Rangez l'appareil dans la housse pour éviter l'accumulation de poussière. -- Ne laissez jamais l'appareil branché sans surveillance. Éteignez impérativement l'appareil après utilisation. -- N'exposez pas l'appareil pendant plusieurs heures aux rayons directs du soleil ou à des rayons UV. -- Ne faites pas fonctionner le flash sur d'autres surfaces que votre peau, car vous pourriez endommager l'accessoire et/ou le verre filtrant. Utilisez le flash uniquement lorsque l'appareil est en contact avec la peau. Attention -- Cet appareil a été conçu uniquement pour épiler les poils indésirables situés en dessous de la nuque. Ne l'utilisez jamais à d'autres fins. -- N'utilisez cet appareil qu'avec une intensité adaptée à votre type de peau. Une utilisation avec une intensité supérieure à celle recommandée augmente le risque de réactions cutanées et d'effets secondaires.

Pour assurer une durée de vie optimale à votre appareil Philips Lumea, tenez compte des considérations suivantes : -- Utilisez votre appareil à une température comprise entre 15 °C et 35 °C. -- L'appareil est équipé d'une protection anti-surchauffe intégrée.



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Le flash ne fonctionne pas en cas de surchauffe. N'éteignez pas l'appareil, mais laissez-le refroidir pendant environ 15 minutes avant de reprendre la séance.

-- Confiez toujours l'appareil à un Centre Service Agréé Philips pour réparation ou vérification.

Toute réparation par une personne non qualifiée peut s'avérer dangereuse pour l'utilisateur. -- N'utilisez jamais l'appareil dans les conditions mentionnées dans la section « Contre-indications ». Quelles sont les personnes auxquelles Lumea ne convient pas ? Lumea n'est pas destiné à tout le monde. Si l'une des conditions ci-dessous s'applique à vous, n'utilisez pas cet appareil ! Français Contre-indications N'utilisez jamais l'appareil si vous êtes enceinte ou si vous allaitez. 33 N'utilisez jamais l'appareil si la couleur de votre peau et/ou de vos poils n'est pas adaptée, à savoir : -- Dans les zones d'application, la couleur naturelle de vos poils est blond clair, blanc, gris ou roux.

-- Votre peau est de type VI (vous attrapez rarement, voire jamais, des coups de soleil et vous obtenez un bronzage très foncé ; votre peau est brune ou noire). Dans ce cas, vous risquez d'avoir des réactions cutanées (vives rougeurs, brûlures ou altérations de la pigmentation) lorsque vous utilisez Philips Lumea. N'utilisez jamais l'appareil si vous souffrez d'une des maladies répertoriées ci-dessous : -- Si vous avez une maladie de peau comme un cancer de la peau actif, si vous avez des antécédents de cancer de la peau ou un autre cancer localisé dans les zones à flasher. -- Si vous avez des lésions précancéreuses ou plusieurs grains de beauté atypiques dans les zones à flasher. -- Si vous présentez des antécédents de maladie du collagène, y compris des antécédents de formation de cicatrices chéloïdes ou de cicatrisation difficile. -- Si vous présentez des antécédents de troubles vasculaires, tels que varices ou ectasie vasculaire dans les zones à flasher. -- Si votre peau est sensible à la lumière et développe facilement une irritation ou une réaction allergique. -- Si vous souffrez d'infections, d'eczéma, de brûlures, de follicules enflammés, de lésions ouvertes, d'abrasions, d'herpès simplex, de plaies ou de lésions, d'hématomes, ou que vous avez subi une intervention chirurgicale sur les zones à flasher. -- Si vous avez subi une intervention chirurgicale sur les zones à flasher. -- Si vous souffrez d'épilepsie avec sensibilité aux flashes.

-- Si vous souffrez de diabète, de lupus érythémateux, de porphyrie ou d'une maladie cardiaque congestive. -- Si vous présentez un trouble de la coagulation. -- Si vous avez des antécédents de maladie immunodépressive (y compris infection par le VIH ou le SIDA). N'utilisez jamais l'appareil si vous prenez l'un des traitements suivants : -- Si vous suivez un traitement ou avez récemment subi un traitement à base d'acides alpha hydroxylés (AHA), d'acides bêta hydroxylés (BHA), d'isotrétinoïne topique et d'acide azélaïque. -- Si vous avez pris de l'Accutane® ou du Roaccutane® à l'isotrétinoïne au cours des six derniers mois.

Ce traitement affine la peau et peut, par conséquent, la rendre plus sujette aux déchirures, plaies et irritations. -- Si vous prenez des analgésiques, qui réduisent la sensibilité de votre peau à la chaleur. -- Si vous prenez des médicaments ou produits photosensibilisants, reportez-vous à leur notice, et n'utilisez en aucun cas l'appareil si cette 34 Français dernière indique des risques de réaction photo-allergique ou phototoxique, ou si elle précise qu'il faut éviter une exposition au soleil. -- Si vous prenez des médicaments anticoagulants, y compris de fortes doses d'aspirine, à un rythme ne permettant pas d'aménager une période d'élimination d'une semaine avant chaque séance. -- Si vous prenez des immunosuppresseurs.

N'utilisez jamais l'appareil sur les zones suivantes : -- Sur le visage. -- Sur les mamelons, les aréoles, les petites lèvres, le vagin, l'anus et l'intérieur des narines et des oreilles. -- Les hommes ne doivent pas l'utiliser sur le scrotum et le visage. -- Au-dessus ou près de produits artificiels tels que des implants en silicone, des stimulateurs cardiaques, des points d'entrée d'injection sous-cutanée (pompe à insuline) ou des piercings. -- Sur les grains de beauté, les taches de rousseur, les veines de taille importante, les zones à la pigmentation plus foncée, les cicatrices et les anomalies cutanées sans consultation préalable avec un médecin, en raison d'un risque de brûlure ou de modification de la pigmentation, qui rendrait difficile le dépistage d'éventuelles maladies de peau telles que le cancer de la peau.

-- Sur des verrues, des tatouages ou un maquillage permanent en raison du risque de brûlure ou de modification de la pigmentation. -- Sur les zones où vous utilisez du déodorant longue durée, car cela pourrait entraîner des réactions cutanées. Reportez-vous à la section « Éventuels effets secondaires et réactions cutanées » du chapitre « Utilisation de l'appareil ». N'utilisez jamais l'appareil sur des coups de soleil ou sur une peau teintée par un bronzage récent (moins de 48 heures) ou artificiel : -- Tous les types de bronzage peuvent influencer sur la sécurité de la séance, qu'il s'agisse d'une exposition au soleil ou de méthodes de bronzage artificiel telles que crèmes de bronzage, appareils de bronzage, etc. Si vous êtes bronzée ou prévoyez de bronzer, lisez le chapitre « Avant utilisation », section « Conseils de bronzage ».

Remarque : Cette liste n'est pas exhaustive. En cas de doute concernant l'utilisation de l'appareil, veuillez consulter votre médecin.



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