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You can read the recommendations in the user guide, the technical guide or the installation guide for BOSCH HMT75M451B. You'll find the answers to all your questions on the BOSCH HMT75M451B in the user manual (information, specifications, safety advice, size, accessories, etc.). Detailed instructions for use are in the User's Guide.

User manual BOSCH HMT75M451B
User guide BOSCH HMT75M451B
Operating instructions BOSCH HMT75M451B
Instructions for use BOSCH HMT75M451B
Instruction manual BOSCH HMT75M451B



Making cooking as much fun as eating

Please read this instruction manual. This will ensure that you make full use of all the technical benefits the microwave oven has to offer.

It will provide you with important safety information. You will be familiarised with the individual components of your new microwave. And we will show you how to make settings step by step. It is quite simple.

The tables list the adjustment values and shelf levels for numerous well-known dishes. All these dishes are tested in our cooking studio.

In the unlikely event of a malfunction, look here for information on how to rectify minor faults yourself.

A detailed table of contents will help you to find your way around quickly.

Enjoy your meal.

Instruction manual 1-32



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Manual abstract:

@@And we will show you how to make settings step by step. It is quite simple. @@All these dishes are tested in our cooking studio. In the unlikely event of a malfunction, look here for information on how to rectify minor faults yourself. A detailed table of contents will help you to find your way around quickly.

Enjoy your meal. Instruction manual

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..... 31 3 Before connecting your new appliance Important safety precautions Please read this instruction manual carefully. Only then will you be able to operate your appliance safely and correctly. Please keep the instruction manual in a safe place.

Pass on the instruction manual to the new owner if you sell the appliance. Before installation Disposing in an environmentally responsible manner Unpack oven and remove all packing material. 6 This appliance is labelled in accordance with the European Directive 2002/96/EC concerning used electrical and electronic appliances (waste electrical and electronic equipment - WEEE). The guideline determines the framework for the return and recycling of used appliances as applicable. Transport damage Check the appliance for damage after unpacking it.

Do not connect the appliance if it has been damaged in transport. If the power cable is damaged, it must be replaced by a specialist trained by the manufacturer in order to prevent hazards. Electrical connection 4 Installation and connection This appliance is only intended for domestic use. Place the tabletop appliance on a firm, level surface (at least 85 cm above the floor). The ventilation slots on the left side, rear side and the underside must not be obstructed.

The appliance is fitted with a plug and must only be connected to a properly installed earthed socket. The fuse protection must be rated at 10 amperes (automatic circuit breaker with trigger characteristic L or B). The mains voltage must correspond with the voltage specified on the rating plate. The socket must only be installed and the connecting cable must only be replaced by a qualified electrician. The appliance plug must always be within reach. Adapters, multiway strips and extension leads must not be used. @@@@Improper repairs run the risk of causing serious injury to the user. This appliance is intended for domestic use only. Only use the microwave oven for preparing foodstuffs. @@@@You should only use the microwave with the turntable in place.

Always place the food in a container on the turntable. Ensure that liquid which has boiled over does not leak through the turntable drive into the inside of the appliance. The microwave must only be switched on when there is food in the cooking compartment. The appliance may overload if it is switched on without any food in it. An exception to this rule is for short-term testing of ovenware (see notes on ovenware). The surfaces of heating and cooking appliances will become hot during operation. Keep children at a safe distance. There is a risk of burning. Do not store items on top of the appliance. The connecting leads from electrical appliances must not become trapped in the oven door.

This could cause damage to the insulation. There is a risk of short-circuiting or electrocution. 6 Never store combustible items in the oven compartment as they may ignite when the oven switched on. There is a risk of burning. Do not open the oven door if you can see smoke inside the oven.

Pull out the plug. Clean the appliance on a regular basis. The surface of the appliance could be destroyed and the appliance could corrode over time if it is not cleaned with sufficient care. Microwave energy could escape. The oven door must always close properly.

Keep the door seal areas clean. Do not use high-pressure cleaners or steam jets. There is a danger of short-circuiting. Keep the microwave away from excessive heat and from dampness. It is hazardous for anyone other than a competent person carrying out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy. If the oven door is damaged, do not use the oven again until it has been repaired by an after-sales service technician. Otherwise microwave energy may escape. You must not open the casing. The oven is a high voltage appliance. In the event of a fault, remove the mains plug.

Then call the after-sales service. The oven compartment lamp must only be replaced by an after-sales service technician. 7 Safety information for microwave operation Food preparation d Use of the microwave is intended exclusively for the preparation of food. Using the microwave for other purposes may be dangerous and may result in damage, e.g. heated grain or cereal pillows could catch fire, even several hours later. Risk of fire. Do not select a microwave power or time setting that is higher than necessary. The food could catch fire. The appliance could be damaged.

Risk of fire. Follow the information provided in the instruction manual. Only use ovenware that is suitable for use in a microwave. Porcelain or ceramic ovenware can have small perforations in the handles or lid. These perforations conceal a cavity below.

Any liquid that penetrates this cavity could cause the ovenware to crack. There is a risk of injury. Meals heated in the microwave oven give off heat. The ovenware can become hot. There is a risk of burning.



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Always use an oven cloth or oven gloves to remove ovenware and accessories from the microwave. Microwave power and time d Ovenware d Packaging d Never heat meals in heat-retaining packages. Risk of fire. Do not leave food heating unattended in containers made of plastic, paper or other combustible materials. Airtight packaging may burst when food is heated. There is a risk of burning. Follow the information provided on the packaging. @@@@There is a risk of burning. When heating liquids, always place a spoon in the container. This will prevent delayed boiling.

Never heat drinks in containers that have been tightly sealed. There is a risk of explosion. Never overheat alcoholic drinks. @@Always remove the lid or teat. Stir or shake well after the food has been heated. This is the only way to ensure even heat distribution. Check the temperature of the food before it is given to the child. There is a risk of burning. Never cook eggs in their shells. Never reheat hard-boiled eggs as they may crack or explode.

The same applies to shellfish and crustaceans. There is a risk of burning. Always prick the yoke when frying or poaching eggs. @@@@bread. Risk of fire Never use the microwave to heat cooking oil on its own.

@@Simply press the control knob to release it or push it in. @@@@2 Place the turntable (b) on the support ring (a). You should only use the appliance with the turntable in place. Ensure that the support ring is properly fitted. @@Please specify the HEZ number.

@@Press j clock. 12:00 and j appear in the display. 2. Set the time using the rotary knob. 3. Press j clock. j goes out in the display. The current time is set. Hiding the clock Resetting the clock Press j clock and then press stop. The display is blank.

Press j clock. 12:00 appears in the display. Make the settings as described in steps 2 and 3. Make the settings as described in steps 1-3. Changing the time e.g. from summer to winter time 12 The microwave Microwaves are converted to heat in foodstuffs. The microwave is ideal for rapid defrosting, heating up, melting and cooking. Try out the microwave straight away. You could heat up a cup of water for your tea, for example.

Use a large cup without any decorative gold or silver trim and place a teaspoon in it. Place the cup containing the water on if it is frozen in the centre. 16 Amount Whole joints of meat e.g. beef, pork or veal (with or without bones) Diced or sliced beef, pork and veal Mixed minced meat 800 g 1,000 g 1,500 g 200 g 500 g 800 g 200 g 500 g 800 g 600 g 1,200 g 400 g 300 g 300 g 500 g 125 g 250 g 500 g 1,000 g 500 g 750 g Microwave setting in watts Time in defrosted, hot or cooked.

When the time has elapsed, the food is overheated at the edge but not done in the middle. After defrosting, the poultry or meat is defrosted on the outside but not defrosted in the middle. Next time, set a shorter cooking time or select a lower microwave power setting. Cover the food and add more liquid. Set a longer time.

Large quantities and food which is piled high require longer times. Stir it during the cooking time and next time, select a lower microwave power setting and a longer cooking time. Next time, select a lower microwave power setting. If you are defrosting a large quantity, turn it several times. Liquid will be produced when defrosting meat, poultry or fish. Drain off this liquid when turning and under no circumstances should it be used for other purposes or be allowed to come into contact with other foods. Condensation may appear on the door panel, interior walls and floor. This is normal and does not affect the operation of the microwave. Please wipe away the condensation after cooking. Note 21 Automatic programming You can use the automatic programming to defrost food with the greatest of ease and prepare dishes quickly and easily.

Your microwave oven has 7 automatic programmes. You will find the appropriate food and weight range for each programme in the tables. You can set any weight within the weight range. Setting procedure 1. Press "P" repeatedly until the desired programme number appears. 2. Press p. "P" and a default weight light up in the display. 3. Use the rotary knob to set the weight of the dish.

4. Press Start. You will see the cooking time for the programme counting down. A signal sounds. The appliance switches off.

Press Stop or open the appliance door. Press Stop twice and reset. Open the appliance door. Start again after closing. The programme will then continue. Press Stop twice. When the cooking time has elapsed Adjustment Pausing Cancelling 22 Notes For some programmes, a signal sounds after a certain time. @@Press Start again after closing the door. You can query the programme number and weight using "P" or p. The relevant value is shown for 3 seconds in the display. Defrosting programmes Preparing food You can use the 4 defrost programmes to defrost meat, poultry and bread. Use food which is thinly cut and properly portioned, and which has been frozen and stored at -18 °C. Remove all packaging from the food to be defrosted, and weigh the food. You will need to know the weight in order to set the programme. Ovenware Standing time Place the food in a shallow, microwaveable dish, e.

g. a glass or china plate. Do not cover the dish. @@Large pieces of meat need to stand for longer than small ones. @@@@Press start again after closing the door. Liquid will be produced when defrosting meat or poultry. @@Always cook the food in a microwaveable dish with a lid. You should use a large, tall dish for cooking rice. Weigh the food. You will need this information in order to set the programme.

Rice: Do not use boiled rice. @@This is usually two to three times the weight of the rice. @@Add a tablespoon of water and a little salt per 100 g potatoes. Fresh vegetables: Weigh the fresh, washed vegetables. Slice the vegetables into small, even pieces.

@@Stir the food. Stir the food once more when the programme comes to an end. @@@@The memory function is useful if you prepare one dish particularly frequently. You can store the setting and call it up at any time. Storing memory settings Example: 360 W, 25 minutes 1.

Press "M". "M" appears in the display. 2. Press the desired microwave setting. "M", the selected setting and 1:00 min light up in the display. 3. Set the cooking time using the rotary knob. 4. Confirm with "M". The clock reappears in the display.

The setting is stored. You can store the memory settings and start the appliance immediately. To do this, press Start instead of "M". 25 Notes You cannot store several microwave power settings one after the other. You cannot save automatic programmes. Adding to the memory: Press "M". The old settings are displayed. Save the new programme as described in steps 1-4. Starting the Memory function It is very easy to Start the saved programme. Place your meal into the appliance.

Close the appliance door. 1. Press "M". The stored settings are displayed. 2.

Press Start.



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The cooking time counts down in the display. The cooking time has elapsed Pausing A signal sounds. The appliance switches off. Open the appliance door or press Stop.

Open the appliance door. Press the Start button again after closing the door. The programme will then continue. Press Stop twice or open the appliance door and press Stop once. Cancelling the setting 26 Changing the signal duration You will hear a signal when the appliance is switched off. You can change the duration of the acoustic signal. Press start for approximately 6 seconds. The new signal duration is adopted. The clock reappears in the display. @@There is a danger of shortCircuiting.

Do not use caustic or abrasive cleaning agents. The surface could be damaged. @@Use a soft cloth to subsequently dry off any soapy water. @@@Clean with a sponge. Use oven cleaner if there is heavy soiling: Only use in a cold oven. Turntable and roller ring Clean the turntable and the roller ring with washingCup liquid. Wipe the recess in the cooker with a damp cloth. Ensure that water does not leak through the turntable drive into the inside of the appliance. The support ring must slot into place properly when you reCinsert it. Glass cleaner Door panel Troubleshooting Malfunctions often have simple explanations.

Please read the following instructions before calling the afterCsales service: Problem The appliance does not work. Possible cause The plug is not plugged into the mains. Power cut Blown fuse Faulty control Notes/remedial action Plug it in. Check whether the kitchen light switches on. Look in the fuse box to make sure that the fuse for the appliance is OK.

Switch the appliance off using the fuse in the fuse box. Wait approximately 10 seconds and then switch it back on. Reset the time. Press the stop button. Three zeros flash in the display.

The appliance is not in operation. A cooking time p g appears in the display. Power cut The rotary knob was accidentally pressed. Start was not pressed after Press start or clear the setting with stop. @@Press start. Select a higher microwave setting. The microwave does not work. The door is not properly closed. Start was not pressed. The food takes longer than usual to heat up.

@@in the appliance. The food was colder than usual. The turntable is making a scratching or grinding noise. Microwave operation is cancelled for no obvious reason. @@The microwave has a fault. Stir or turn the food during cooking. Clean the roller ring and recess in the cooking compartment.

@@Incorrect repairs may result in serious injury to the user. 29 AfterCsales service Our afterCsales service is there for you in the event that your appliance needs to be repaired. You will find the address and telephone number of your nearest afterCsales service centre in the phone book.

The afterCsales service centres listed will also be happy to advise you of a service point in your local area. E number and FD number When contacting the afterCsales service, always specify the product number (E no.) and the production number (FD no.) of your appliance. You will see the rating plate containing these numbers on the rightChand side when you open the oven door.

Make a note of these numbers in the space below to save time in the event of your appliance malfunctioning. E no. AfterCsales service % FD no. 30 Technical data Power supply Microwave Input Microwave Output Microwave Frequency Dimensions (H x W x D) C appliance C cooking compartment Weight TÜV tested CE mark 28.0 x 46.

2 x 32.0 cm 19.4 x 29.0 x 30.0 cm 13.5 kg Yes Yes AC220C230 V, 50 Hz 1.270 W 800 W 2.450 MHz This appliance complies with the standards EN55011 and CISPR 11. The product is classified in group 2, class B. Group 2 means that microwaves are used for the purpose of heating foodstuffs.

Class B means that the appliance is suitable for use in a private household environment. 31 Notes BO 9000370277 S en S 080588 32 .



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